



**Ministry of Higher Education and Scientific Research
Scientific Supervision and Evaluation Authority
Department of Quality Assurance and Academic
Accreditation
Accreditation Department**

Program description Academic and Curriculum For the academic year 2024-2025

the introduction:

The educational program is a coordinated and organized package of courses that include procedures and experiences organized in the form of study vocabulary, the main purpose of which is to build and refine the skills of graduates. It qualifies them to meet the requirements of the labor market. It is reviewed and evaluated annually through internal or external audit procedures and programs, such as the External Examiner Program.

The academic program description provides a brief summary of the main features of the program and its courses, indicating the skills that students are working to acquire based on the objectives of the academic program. The importance of this description is evident in that it represents the cornerstone for obtaining program accreditation, and the teaching staff participates in writing it under the supervision of the scientific committees in the scientific departments.

This guide, in its second edition, includes a description of the academic program after updating the vocabulary and paragraphs of the previous guide in light of the new developments and changes in the educational system in Iraq, which included a description of the academic program in its traditional form (annual system). (Semester) In addition to adopting the academic program description circulated pursuant to the letter of the Department of Studies T M3/2906 dated 5/3/2023 with regard to programs that adopt the Bologna process as the basis for their work.

In this regard, we cannot but emphasize the importance of writing descriptions of academic programs and courses to ensure the smooth running of the educational process.

Concepts and terms:

Academic Program Description: The academic program description provides a concise summary of its vision, mission, and objectives, including a precise description of the targeted learning outcomes according to specific learning strategies.

Course Description: Provides a concise summary of the course's key features and the learning outcomes the student is expected to achieve, demonstrating whether the student has made the most of the available learning opportunities. It is derived from the program description.

Program vision: An ambitious picture of the future of the academic program to be an advanced, inspiring, motivating, realistic, and applicable program.

Program mission: It briefly explains the objectives and activities required to achieve them, and also identifies the paths and directions of the program's development.

Program objectives: These are statements that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

Curriculum structure: All courses/subjects included in the academic program according to the approved learning system (semester Annual, Bologna track (whether a requirement of a ministry, university, college, or scientific department) with the number of academic units.

Learning outcomes: A consistent set of knowledge, skills, and values acquired by the student after successfully completing the academic program. The learning outcomes for each course must be determined in a way that achieves the program's objectives.

Teaching and learning strategies: These are the strategies used by a faculty member to develop student teaching and learning. They are plans followed to achieve learning objectives, i.e. they describe all classroom and extracurricular activities to achieve the learning outcomes of the program.

الجامعة : ديالى

الكلية/المعهد: التربية الاساسية

القسم العلمي : التربية البدنية وعلوم الرياضة

اسم البرنامج الأكاديمي او المهني: بكالوريوس تربية اساسية - التربية البدنية وعلوم الرياضة

اسم الشهادة النهائية : بكالوريوس تربية اساسية التربية البدنية وعلوم الرياضة

النظام الدراسي : فصلي كورسات

تاريخ اعداد الوصف: ٢٠٢٤/٩/١٣

تاريخ ملء الوصف: ٢٠٢٤/٩/١٣



التوقيع :

اسم المعاون العلمي : أ.د حيدر عبد الباقي عباس

التاريخ : ٢٠٢٤/٨/٢٠



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التاريخ : ٢٠٢٤/٨/٢٠

دقق الملف من قبل

شعبة ضمان الجودة والأداء الجامعي



التوقيع :

اسم مدير شعبة ضمان الجودة والأداء الجامعي : أ.م.د نجاة حمدي عبدالله

التاريخ : ٢٠٢٤/٦/٢٠



مصادقة السيد العميد

1- Program vision

- 1-Ensuring the implementation of the prescribed curricula in order to enhance the department's capabilities, improve its performance, and achieve the desired goals, which include distinguished qualitative learning, scientific research methods, and achieving integration in the sports aspect.
- 2- The department continuously develops curricula to keep pace with modern scientific developments in physical education and sports sciences in all their specializations.
- 3- The department strives to improve the teaching staff by sending department members to postgraduate studies inside and outside the country and creating appropriate conditions for scientific research in order to obtain the required practical degrees.
- 4- The department seeks to prepare and develop sports fields that contribute significantly to practicing sports activities inside and outside the college.

2- Program message

Working to prepare specialized academic staff in the educational and sports fields to benefit from them in expanding the sports base and raising the cultural, educational and sports level in these fields.

3- Program objectives

Program objectives: The student should be familiar with the information and have the skills to use it in his problems.

Vitality

to achieve the general and specific objectives of the Department of Physical Education and Sports Sciences..

g standards and criteria for quality in educational sports activities in the department.

ping human capabilities by developing programs for physical and scientific activities..

ising the academic level of students by developing curricula (theoretical and applied)..

ding various institutions with academic and specialized educational and sports staff..

the level of interaction between civil society institutions by holding conferences and

	seminars in all fields..
	4- Academic accreditation
	nothing
	5- Other external influences
	Ministry of Education

6- Program structure				
Notes	percentage	Study unit	Number of courses	Program structure
	36.29	124	45	Institutional requirements
				College requirements
	52,61	124	64	Department requirements
			/	Summer training
			/	Other

7- Program description				
Credit hours		Course name	Course code	Year/Level
practical	theoretical			
-	1	Democracy and human rights	Univ1101	First

-	2	Arabic I	Univ1103	First
-	2	Islamic Education II	Univ1104	First
-	2	English I	Univ1105	First
2	1	Computer I	Univ1106	First
-	3	Principles of basic education	Coll 1201	First
-	2	The basis of education	Coll 1202	First
2	-	Fitness I	Sport 1301	First
2	-	Jmanacatk devices I	Sport 1302	First
2	-	Volleyball I	Sport 1303	First
2	-	Football (boys), Jmanacatk rhythmic (Girls) I	Sport 1304	First
2	-	Basketball I	Sport 1305	First
2	-	Handball I	Sport 1306	First
2	-	Arena and field I	Sport 1307	First
2	-	Performances and festivals Sports	Sport 1308	First
-	2	Anatomy	Sport 1310	First
-	2	Arabic II	Univ2107	Second
2	1	Computer II	Univ2108	Second
-	2	Health and Environment Education	Univ2109	Second
-	2	English II	Univ2110	Second
-	3	Educational Psychology	Coll 2205	Second
-	3	Counseling and mental health	Coll 2207	Second

-	3	Educational Statistics	Coll 2208	Second
2	2	Racket games (tennis)	Sport 2311	Second
2	2	Basketball II	Sport 2312	Second
2	1	Handball II	Sport 2313	Second
2	1	Arena and field II	Sport 2314	Second
2	1	Physiology of sports training	Sport 2315	Second
2	1	Albayumikanek	Sport 2316	Second
-	2	Racket games (feather, table)	Sport 2317	Second
-	2	Volleyball II	Sport 2318	Second
2	1	Football (boys Aerobics (Girls) II	Sport 2319	Second
2	1	Jmanacatk devices II	Sport 2320	Second
2	2	SPORTS Training	Sport 2321	Second
2	1	Kinetic analysis	Sport 2322	Second
-	3	Research Methods	Coll 3209	Third
-	2	TMS	Coll 3210	Third
-	2	Measurement and Evaluation	Coll 3211	Third
-	2	General methods of teaching	Coll 3212	Third
2	1	Basketball III	Sport 3323	Third
2	1	Penta football (boys), Jmanacatk rhythmic (girls)	Sport 3324	Third
2	-	Handball III	Sport 3325	Third
2	-	Jmanacatk devices III	Sport 3326	Third

2	-	Volleyball III	Sport 3328	Third
-	2	Methods of Teaching Physical Education I	Sport 3329	Third
-	2	Management and Administration	Sport 3330	Third
2	-	Arena and field III	Sport 3331	Third
	2	Rehabilitation of sports injuries		Third
2	1	Handball IV	Sport 3333	Third
2	-	Basketball IV	Sport 3334	Third
-	2	Scout and recreational education	Sport 3335	Third
-	2	Rehabilitation of sports injuries	Sport 3336	Third
-	2	Motor learning	Sport 3337	Third
-	2	Curricula and textbooks	Coll 4214	Fourth
-	2	Educational administration and direction	Coll 4215	Fourth
-	12	Application	Coll 4216	Fourth
2	1	Swimming	Sport 4338	Fourth
2	1	Arena and field (decimal)	Sport 4339	Fourth
-	3	Methods of Teaching Physical Education	Sport 4340	Fourth
-	2	Sports Psychology	Sport 4341	Fourth
-	2	Athletic Training	Sport 4342	Fourth
-	3	Research Project Graduation	Sport 4343	Fourth

8-Expected learning outcomes of the program:

1. Knowledge and understanding: Enabling students to gain knowledge and understanding through:

A- Physical Education and Movement Sciences (Sports training, sports physiology, anatomy, biomechanics Football, handball, basketball, tennis, track and field games, kinetic analysis, swimming, physical education teaching methods, gymnastics)

for-Education and Psychology (Principles of Education, Teaching, Psychology, Mental Health, Educational Guidance, Research Methods, Measurement and Evaluation, General Teaching Methods, Educational Technologies, Curricula and Textbooks, Educational Administration and Supervision, Scientific Education (Application), with (48) units and a percentage of 28.916%

C- General culture (computers, Arabic language, Islamic education, human rights, English language, democracy, environmental and health education) with (28) units and a percentage of 16.867%, noting that the total number of units is (166) units.

B - Subject-specific skills.

B1 - Teaching physical education and movement sciences for the basic education stage.

B2 - Building appropriate teaching strategies for the basic education stage.

B3 - Constructing physical education and movement science tests to evaluate the achievement of basic education students.

B4- Developing self-capacity in developing their abilities by teaching physical education and movement sciences to teach the basic education stage.

C-values

A- Developing students' sense of responsibility during work.

b- Enhancing the spirit of cooperation among students.

- C- Training students to respect the freedom of thought, expression and creativity of others.
- D- Enhancing ethical behavior among students.

9- Teaching and learning strategies

1- Regarding the theoretical aspect, the method is lecture, discussion, questioning, exploration, and special methods for teaching common concepts.

As for the scientific aspect, the method of cooperative learning and small groups, the partial and comprehensive method, and the method of teaching through direct guidance.

10- Evaluation methods

- Daily tests with multiple-choice questions for academic subjects
- Weekly activity
- Reports
- Monthly and final written and practical tests

11- Faculty

Faculty members

Faculty preparation		Requirements/Special Skills (If found)	Specialization		Academic rank	Sequence
lecturer	angel		private	general		
	*		Motor Learning/Football	Physical Education and Sports Science	Mr.	1
	*		Biomechanics	Physical Education and Sports Science	Mr.	2
	*		Motor Learning/Basketball	Physical Education and Sports Science	Mr.	3

	*		Methods of teaching physical education and sports science	Physical Education and Sports Science	Mr.	4
	*		Training Physiology/Volleyball	Physical Education and Sports Science	Mr.	5
	*		Teaching Methods of Physical Education and Sports Science / Swimming	Physical Education and Sports Science	Mr.	6
	*		Sports Medicine/Boxing	Physical Education and Sports Science	Mr.	7
	*		Management/Handball	Physical Education and Sports Science	Mr.	8
	*		Kinetic learning/gymnastics	Physical Education and Sports Science	Mr.	9
	*		Learn soccer movement	Physical Education and Sports Science	Mr.	10
	*		Psychology/Volleyball	Physical Education and Sports Science	Mr.	11
	*		Athletic Training/Track and Field	Physical Education and Sports Science	Mr.	12
	*		Management and organization	Physical Education and Sports Science	Mr.	13
	*		Kinetic learning/gymnastics	Physical Education and Sports Science	Mr.	14
			Sports training/football	Physical Education	Mr.	15

				and Sports Science		
	*		Russian literature	Russian language and literature	assistant professor	16
	*		Psychology/Handball	Physical Education and Sports Science	assistant professor	17
	*		weightlifting	Physical Education and Sports Science	Assistant Professor	18
	*		Teaching methods of education	Physical Education and Sports Science	assistant professor	19
			Training - Football	Physical Education and Sports Science	assistant professor	20
	*		Training/Football	Physical Education and Sports Science	teacher	21
	*		Tests/Boxing	Physical Education and Sports Science	teacher	22
	*		Biomechanic/Arena and Track	Physical Education and Sports Science	teacher	23
	*		Training/Handball	Physical Education and Sports Science	teacher	24
	*		Physiology/Boxing	Physical Education and Sports Science	teacher	25
	*		Injury rehabilitation	Physical Education and Sports Science	teacher	26
	*		Methods of	Physical	teacher	27

			teaching physical education and sports science	Education and Sports Science		
	*		Functional tests/technical gymnastics	Physical Education and Sports Science	teacher	28
	*		about	Arabic	teacher	29
	*		Scouting education	Physical Education and Sports Science	teacher	30
	*		administration	Physical Education and Sports Science	Assistant Professor	31
	*		Motor Learning/Racket Games	Physical Education and Sports Science	Assistant Professor	32
	*		Physiology/Volleyball	Physical Education and Sports Science	Assistant Professor	33
	*		Methods of teaching physical education and sports science	Physical Education and Sports Science	Assistant Professor	34
	*		Methods of teaching physical education and sports science	Physical Education and Sports Science	Assistant Professor	35
	*		Sports Psychology	Physical Education and Sports Science	Assistant Professor	36
	*		Teaching Methods of Physical Education and Sports Science/Football	Physical Education and Sports Science	Assistant Professor	37
	*		Teaching Methods of Physical Education and Sports Science/Gymnastics	Physical Education and Sports Science	Assistant Professor	38

			cs			
	*		History teaching methods	Education al and Psychological Sciences	Assistant Professor	39
	*		Teaching Methods of Physical Education and Sports Science/Gymnastics	Physical Education and Sports Science	Assistant Professor	40
	*		Teaching Methods of Physical Education and Sports Science/Basketball	Physical Education and Sports Science	Assistant Professor	41
	*		Injury rehabilitation	Physical Education and Sports Science	Assistant Professor	42
	*		training/fencing	Physical Education and Sports Science	Assistant Professor	43
	*		Tests/Field and Track	Physical Education and Sports Science	Assistant Professor	44
	*		Human rights and public freedoms	General Law	Assistant Professor	45
*			Training physiology/weights	Physical Education and Sports Science	Assistant Professor	46
*			Physical Education and Sports Science Teaching Methods/Track and Field	Physical Education and Sports Science	Assistant Professor	47
*			Motor Learning/Basketball	Physical Education and Sports Science	Assistant Professor	48

Professional development

Orientation of new faculty members

It aims to empower new faculty members in various educational fields and this is achieved through:

- 1- Holding educational courses for new faculty members, such as training on teaching methods and approaches, modern trends in teaching, evaluating student learning, preparing model tests, in addition to introducing the university's systems, laws, and instructions.
- 2- Continuous evaluation of faculty members, lecturers and permanent staff members.
- 3- Encouraging full-time and part-time lecturers to participate in teaching staff development courses held by the university or the ministry.
- 4- Sustainable professional development.

Professional development for faculty members

The academic and professional development plan for faculty members in the Department of Physical Education and Sports Sciences seeks to enhance the efficiency of teaching and research performance and ensure the quality of educational outcomes in line with institutional standards. The plan includes a set of steps:

- 1- Continuous training and qualification programs
- 2- Improving assessment and evaluation practices
- 3- Analyzing and developing learning outcomes
- 4- Supporting research activity and scientific publishing.
- 5- Stimulating academic leadership and personal development

12- Acceptance criteria

Subject to the department's admission requirements

70% high school average

30% Special Admission Score (Interview)

13- The most important sources of information about the program

Books, periodicals, theses, the Internet, personal experience of the course instructor.

14- Program Development Plan
<ul style="list-style-type: none">1- Review the previous steps and their outcomes.2- Reviewing the latest developments in books, periodicals and the information network in the field of specialization.3- Periodic (annual) updating of approved teaching plans.

Program Skills Map															
Required learning outcomes of the program															
Affective and value-based goals				ObjectivesSkillsYes Privateprogram				ObjectivesThe identifierYAnd				essential Or my choice	Course name	Course code	Year/Level
A4	Part 3	Part 2	Part 1	B4	B3	B2	B1	A4	A3	A2	A1				
√	√	√	√	√	√	√	√	√	√	√	√	essential	Democracy and human rights	Univ1101	First
√	√	√	√	√	√	√	√		√	√	√	essential	Arabic I	Univ1103	First
√	√	√	√	√	√		√	√	√	√	√	essential	Islamic Education II	Univ1104	First
√		√	√	√	√	√	√	√	√	√	√	essential	English I	Univ1105	First
√	√	√	√	√	√	√	√		√	√	√	essential	Computer I	Univ1106	First
√	√	√		√	√	√	√		√	√	√	essential	Principles of basic education	Coll 1201	First
√	√	√	√	√	√	√	√	√	√		√	essential	The basis of education	Coll 1202	First
√	√	√	√	√	√	√	√	√	√		√	essential	Fitness I	Sport 1301	First
√	√		√	√	√	√	√	√	√		√	essential	Jmanacatk devices I	Sport 1302	First
√	√	√	√	√	√	√	√	√	√	√	√	essential	Volleyball I	Sport 1303	First
√	√	√		√	√	√	√	√	√	√	√	essential	Football (boys), Jmanacatk rhythmic (Girls) I	Sport 1304	First
√	√	√		√	√	√	√	√	√	√	√	essential	Basketball I	Sport 1305	First

√	√	√	√	√	√	√	√	√	√	√	√	essential	Handball I	Sport 1306	First
√	√	√	√	√	√	√	√	√	√	√	√	essential	Arena and field I	Sport 1307	First
√	√	√	√	√	√	√	√	√	√	√	√	essential	Performances and festivals Sports	Sport 1308	First
√	√	√	√	√	√	√	√	√	√	√	√	essential	Anatomy	Sport 1310	First
√	√	√	√	√	√	√				√	√	essential	Arabic II	Univ2107	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	Computer II	Univ2108	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	Health and Environment Education	Univ2109	Second
√			√	√	√	√	√	√	√	√		essential	English II	Univ2110	Second
√	√	√	√	√	√	√	√	√	√	√		essential	Educational Psychology	Coll 2205	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	Counseling and mental health	Coll 2207	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	Educational Statistics	Coll 2208	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	Racket games (tennis)	Sport 2311	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	Basketball II	Sport 2312	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	Handball II	Sport 2313	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	Arena and field II	Sport 2314	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	Physiology of sports training	Sport 2315	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	Albayumikanek	Sport 2316	Second

√	√	√	√	√	√	√	√	√	√	√	√	essential	Racket games (feather, table)	Sport 2317	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	Volleyball II	Sport 2318	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	Football (boys Aerobics (Girls) II	Sport 2319	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	Jmanacatk devices II	Sport 2320	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	SPORTS Training	Sport 2321	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	Kinetic analysis	Sport 2322	Second
√	√	√	√	√	√	√	√	√	√	√	√	essential	Research Methods	Coll 3209	Third
√	√	√	√	√	√	√	√	√	√	√	√	essential	Measurement and Evaluation	Coll 3211	Third
√	√	√	√	√	√	√	√	√	√	√	√	essential	General methods of teaching	Coll 3212	Third
√	√	√	√	√	√	√	√	√	√	√		essential	Basketball III	Sport 3323	Third
	√	√	√	√	√	√	√	√	√	√		essential	Penta football (boys), Jmanacatk rhythmic (girls)	Sport 3324	Third
√	√	√	√	√	√	√	√	√	√	√	√	essential	Handball III	Sport 3325	Third
√	√	√	√	√	√	√	√	√	√	√	√	essential	Jmanacatk devices III	Sport 3326	Third
√	√	√	√	√	√	√	√	√	√	√	√	essential	Volleyball III	Sport 3328	Third
√	√	√	√	√	√	√	√	√	√	√	√	essential	Methods of Teaching Physical Education I	Sport 3329	Third
√	√	√	√	√	√	√	√	√	√	√	√	essential	Management and Administration	Sport 3330	Third

√	√	√	√	√	√	√	√	√	√	√	√	essential	Arena and field III	Sport 3331	Third
√	√	√	√	√	√	√	√	√	√	√	√	essential	Rehabilitation of sports injuries		Third
√	√	√	√	√	√	√	√	√	√	√	√	essential	Handball IV	Sport 3333	Third
√	√	√	√		√	√	√	√		√	√	essential	Basketball IV	Sport 3334	Third
√	√	√	√	√	√	√	√	√	√	√	√	essential	Scout and recreational education	Sport 3335	Third
√	√	√		√	√	√	√	√	√	√	√	essential	Rehabilitation of sports injuries	Sport 3336	Third
√	√	√	√	√	√	√	√	√	√	√	√	essential	Motor learning	Sport 3337	Third
√	√	√	√	√	√	√	√	√	√	√	√	essential	Curricula and textbooks	Coll 4214	Fourth
√	√	√	√	√	√	√	√	√	√	√	√	essential	Educational administration and direction	Coll 4215	Fourth
	√	√	√	√	√	√	√	√	√	√	√	essential	Application	Coll 4216	Fourth
√	√	√	√	√	√	√	√	√		√	√	essential	Swimming	Sport 4338	Fourth
√	√	√	√	√	√	√	√	√	√	√	√	essential	Arena and field (decimal)	Sport 4339	Fourth
√	√	√	√	√		√	√	√	√	√	√	essential	Methods of Teaching Physical Education	Sport 4340	Fourth
√	√	√	√	√		√	√	√	√	√	√	essential	Sports Psychology	Sport 4341	Fourth
√	√	√	√	√		√	√	√	√	√	√	essential	Athletic Training	Sport 4342	Fourth
√	√	√	√	√		√	√	√	√	√	√	essential	Research Project Graduation	Sport 4343	Fourth

Course Description Form

University of Diyala / College of Basic Education	Educational institution .1				
Physical Education and Sports Science	DepartmentScientificThe .2 Center				
GymnasticsDevices/ Sport 1302	Course Name/Code .3				
mandatory	Available attendance .4 forms				
First	semester/year .5				
30 hours	Number of study hours .6 (total)				
1/10/2023	Date this description was .7 prepared				
Course objectives: At the end of the academic year, the student will be able .8 to:					
Shows the characteristics and features of the technical .1 aspects of ground movements.					
Shows the characteristics and features of the jumping .2 horse's movements					
Shows the characteristics and features of non-uniform .3 parallel movements.					
Shows the characteristics and features of balance .4 beam movements.					
Explains mechanical laws .5					
6. Application of what was mentionedaboveIn practice					
9- Learning and teaching strategies: - Modeling learning strategy - Learning gradually - Guided exploration learning					
10 Course structure					
Evaluation method	Teaching method	Unit name/topic	Required learning outcomes	watche s	week
Diagnostic assessment	Exploration and investigation method	Explaining the general concept of gymnastics for	General concept of artistic gymnastics for female students	2	1

		female students			
Diagnostic assessment	Discussion and interrogation method	Mentioning the years, dates and events related to gymnastics	To learn about the history and origins of gymnastics	2	2
Diagnostic assessment	Method of learning centers and places	Learn about the types of gymnastics for female students and how to perform on each device.	Knowing the types of gymnastics	2	3
Diagnostic assessment	Learning method for mastery	Perform the entire kinetic chain on the machine...	Floor Mat Device	2	4
Diagnostic assessment	cooperative learning method	Swinging movements, shoulder movements, and standing...	Non-uniform parallel device	2	5
Diagnostic assessment	Fixed activities method	Swinging movements of the legs....	jumping horse apparatus	2	6
		Crossing opened, crossing closed	Jumping platform device...and jumping board	2	7
Diagnostic assessment	cooperative learning method	Movements of standing, walking forward, backward and forward support....	Balance beam device	2	8
Structural evaluation	cooperative learning method	Step jump, exchange jump, and 180-degree spin on one leg	Balance beam device	2	9
Structural evaluation	cooperative learning method	Intensive exercises to develop skill	Performing exercises to develop skills	2	10
Structural evaluation	cooperative learning method	Physical exercises.. endurance	Performing physical exercises to strengthen the muscle mechanism	2	11
Structural evaluation	cooperative learning method	Recreational exercises	Mini-game exercises	2	12

Structural evaluation	cooperative learning method	Q&A in Gymnastics Law	Know the times on each device to perform exercises	2	13
Structural evaluation	cooperative learning method	Field tests	review	2	14
Final assessment	cooperative learning method	Theoretical + practical test	Final assessment	2	15

Learning and teaching resources –	
nothing	1– Required textbooks
Saeb Al–Obaidi; Theoretical Foundations of Gymnastics, Abdul Sattar Jassim Mohammed and Aida Ali Hussein; Girls' Contemporary Gymnastics, 1990	2– Main references (sources)
Benefit from periodicals and resources relevant to the course Recent publications related to the subject matter	A– Books and references recommended by scientific journals, reports, etc.
Utilizing the Internet as a known resource	B – Electronic references, websites...