

Ministry of Higher Education and Scientific Research
Scientific supervision and Scientific evaluation

Apparatus Directorate of Quality Assurance and
Academic Accreditation

Department



**Academic Program and Course Description for the
Department**

Of physical Education and Sports Sciences

2025- 2026

Study System: Semester-Based
(Course System)
Date of Description Preparation:
20/4/2026

University: University of Diyala
College/Institute: College of Basic Education
Scientific Department: Physical Education and Sports Sciences
Academic/Professional Program Name: Bachelor of Basic Education
Physical Education and Sports Sciences
Final Degree Name: Bachelor of Basic Education in Physical Education
Sports Sciences

Academic Program Description for Colleges Academic Year 2025/2026



Name of Scientific Assistant
Dean: Prof. Dr. Haider Abdul-Baqi
Abbas

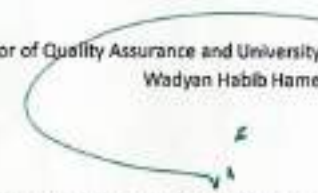


Name of Head of Department:
Assist. Prof. Dr. Nasser Hameed
Kareem



Reviewed by:
Quality Assurance and University Performance Division

Name of Director of Quality Assurance and University Performance Division: Lecturer Dr.
Wadyan Habib Hameed



Approved by the Dean :Asst. Prof. Dr. Ayman Abdul Aoun Nazzal

-	2	Democracy	Univ2111	second the
-	3	Educational Psychology	Call 2205	second the
-	2	mental health	Call 2206	second the
-	2	Educational guidance	Call 2207	second the
-	3	Educational Statistics	Call 2208	second the
2	2	Racket games (tennis)	Sport 2311	second the
2	2	Basketball II	Sport 2312	second the
2	1	Handball II	Sport 2313	second the
2	1	Arena and field II	Sport 2314	second the
2	1	Physiology of sports training	Sport 2315	second the
2	1	Albayumikanek	Sport 2316	second the
-	2	Racket games (feather, table)	Sport 2317	second the
-	2	Volleyball II	Sport 2318	second the
2	1	Football (boys), Gymnastics rhythmic (Girls) II	Sport 2319	second the
2	1	Jmanacetk devices II	Sport 2320	second the
2	2	athletictraining	Sport 2321	second the
2	1	kinetic analysis	Sport 2322	second the

form description Course

description Course

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Education Basic of College- University Diyala	institution Educational •
and Education Physical of Department / materials Educational Sciences Sports	center / department scientific •
Coll 2205 / Psychology Educational	code / name •
mandatory Is	available forms Attendance •
second / third	year / season •
٤٥	(total) hours study of Number •
٢١٢٠ / ١٠ / ١	was description this date The • prepared
objectives Course •	
the interpreting and ,them influencing factors the and teaching and learning of phenomena the Understanding teacher the between and education and learning between relationship the permeate that events of outcomes . learner the and	
among changes educational of terms in remotely happening is what see to ability s'teacher the Increasing . changes of terms in events educational in expectations his meet to plan and students	
.situations educational in application and use its and knowledge formulating and Organizing	
smentasses and learning ,teaching of methods and Outcomes Course •	
: to able student the make: To objectives Cognitive - A psychology educational of concept the Know -١ A psychology educational of importance the Shows -٢ A psychology educational of goals the Determine -٣ A educational of goals practical and theoretical between Distinguish -٤ A psychology	

profession teaching the of characteristics the Explain -0 A

sciences other and psychology educational between relationship the Shows -1 A

personality s'teacher the of characteristics desired the Determine -2 A

psychology educational of functions the Enumerate -3 A

educational the of effectiveness the of axes the of importance the Explain -4 A
process

educational the of effectiveness the affecting factors the Recognize -5 A
process

motivation Define -6 A

learning and motivation between relationship the sShow -7 A

motivation of functions educational the Determine -8 A

memory of concept the Know -9 A

work memory of mechanism the Shows -10 A

strategy processing sequential the Know -11 A

strategy processing parallel the Know -12 A

memory studying of importance the Shows -13 A

strategies processing parallel and sequential the Compare -14 A

memory of types the Enumerate -15 A

. learning and memory between relationship the Explain -16 A

memory explained that theories contemporary timportan most the Shows -17 A

theory cognitive the Know -18 A

theory cognitive the to according work memory of mechanism the Shows -19 A

. theory behavioral the know - २० A

lbehavioara the to according work memory of mechanism the Shows - २१ A
theory

theory Gestalt the Know - २२ A

theory Gestalt the to according work memory of mechanism the Shows - २४ A

work memory of mechanism the Discusses - २५ A

of process the influencing factors important most the Shows - २७ A
remembering

process remembering the improve to ways important ostm the Determine - २१ A

forgetting of concept the Know - २२ A

theory interference the Know - २३ A

theory interference the through forgetting of mechanism the Shows - २४ A

fulnessforget affecting factors important most the Identify - २० A

training of effect the of transmission the Define - २१ A

of impact the of transmission the studying of importance the Explains - २२ A
training

effect training the of transmission the of dimensions the Shows - २४ A

effect training the of transmission of types the Enumerate - २५ A

effect training the of transmission negative and positive the Compare - २७ A

training of impact the of transmission of theories modern the Determine - २१ A

ngtraini of effect the of transmission of theories the Compare - २२ A

feedback Define - २३ A

feedback of dimensions the Shows - २४ A

feedback of types the Determine -६० A know to Learn -६१ A learning good for conditions the Shows -६४ A acquisition language on learning of effect the Explain -६७ A skills motor of acquisition the on learning of effect the Explain -६९ A laws and theories learning important most the Shows -७० A learning and discovery between relationship the Explain -७१ A
. course the of Marathi objectives- B the to knowledge eticaltheor transferring of mechanism the Determines - १ B classroom school the within (practical) side applied classroom the within motivation stimulate to strategies applies _२ B forgetting of impact the reduce to methods appropriate Apply - ३B impact the of transmission the acilitatef that situations educational Design - ६ B .(learning) training of situations educational in theories learning Apply -७B the on based problems educational to solutions appropriate Proposing -१B . psychology educational of principles
learning and teaching of Methods
motivational- brainstorming- interrogation- discussion- lecture Modified questions
modalities Evaluation
cthem to assigned duties the and (reports) work 'students of evaluation Continuous- .instructor course the with and peers their with interaction and participation their and

the during held were exams two) exams written through assessment Formative - (semester . exam final the oughthro calendar final The -
goals value and emotional - C of development the on scientists and science of impact the Recognize - 1 A . psychology educational psychology educational studying in interest active Shows - 2 A process learning the towards attitudes positive Developing - 3 C process learning the towards attitudes negative Modifying - 4 A
learning and teaching of Methods
questions cutting-cross- discussion- Brainstorming
modalities Evaluation
. papers working and summaries .Reports• . up-follow and Observation• . lecture the during discussion Group•
employability to related skills other) Transferable rehabilitative and General skills - d). development personal and to and ways scientific in problems various solve to able being of skill The - 1 D problems realistic studying in studied been has what use realistic studying in psychology educational of principles the Apply - 2 D problems skills learning cooperative Develop - 3 D

curves learning different drawing of skill The -4D

ucturestr Course •					
Evaluation method	education method	topic / name Unit	learning required outcomes	hours	the week
Continuous) evaluation - participation - reports - assignments (interaction	Modified - Lecture Discussion	of Definition• psychology educational of importance The• psychology aleducation of goals The• psychology educational of Relationship • psychology educational sciences other with	of concept the Define educational psychology importance the Shows educational of psychology of goals the Define educational psychology between Distinguish and theoretical of goals practical educational psychology the Determines of mechanism theoretical transferring the to knowledge (practical) applied school the within side classroom	۲	۱
Continuous) evaluation - exam daily - participation - reports - assignments	Discussion - brainstormi ng	teacher Desirable• personality) characteristics psychological - characteristics characteristics physical characteristics mental -	desirable Defines personality teacher characteristics of functions the List educational	۲	۲

(interaction		characteristics social -) of function The • psychology educational	psychology		
Continuous) evaluation - participation - reports - assignments (interaction	Discussion modified- lecture	the of Interpretation • process educational educational The • educational and process the of axis) psychology the of effectiveness (process educational the affecting Factors • the of effectiveness process educational	importance the Explain the of axes the of the of effectiveness process educational factors the Identify the affecting the of effectiveness process educational	۳	۳
Continuous) evaluation - test up -pop - participation - reports - assignments (interaction	Discussion modified- lecture	of Definition • motivation educational The • motivation of functions - function excitatory) - function expectant - function motivating disciplinary or punitive (function	motivation Knows relationship the Shows motivation between learning and the defines It functions educational motivation of	۳	۴
Continuous) evaluation - participation - reports - assignments (interaction	Discussion - brainstormi ng	stimulate to Strategies • motivation 'students learning towards	to strategies Apply motivation stimulate classroom the within	۳	۵
Continuous) evaluation - participation - reports - assignments (interaction	Discussion - brainstormi ng	memory of Definition • of importance The • memory studying	of concept the Know memory memory how Shows works importance the Shows memory studying of sequential Compare processing parallel and	۳	۶

			strategy		
Formative) calendar exam written (	exam month first			۳	۷
Continuous) evaluation - participation - reports - assignments (interaction	Brainstorm - motivational questions 1	Contemporary • the on perspectives of interpretation models its and memory of point cognitive the) behavioral the - view the - view of point (gestalt view of point	of types the List memory the Explain between relationship . learning and memory most the Shows important theories contemporary memory explained that mechanism the Shows work memory of cognitive to according theory mechanism the Shows work memory of the to according theory behavioral	۳	۸
Continuous) evaluation - exam snap - participation - reports - assignments (interaction	Brainstorm - motivational questions 1	mechanisms Memory • the affecting Factors • process memory the improve to Ways • of process remembering	how Discusses works memory most the Shows factors important process the affecting remembering of most the Identify to ways important the improve process remembering	۳	۹
Continuous) evaluation - exam snap	Brainstorm - motivational	forgetting for Reasons • the in theory A • of interpretation	the Understand oblivion of concept mechanism the Shows	۳	۱۰

- participation - reports - assignments (interaction	questions 1	-pre) forgetting) interference (cessation retrograde dimensional and) interference (cessation progressive	through forgetting of theory interference most the Identifies factors important forgetfulness affecting		
- Continuous) evaluation - participation - reports - assignments (interaction	Brainstorm - motivationa questions 1	- of importance The • - transmission studying training Effect - transition of Definition • - training after	transmission Defines training after the Demonstrates studying of importance training after transition	۲	۱۱
- Continuous) evaluation - participation - reports - assignments (interaction	Problem – Solving Discussion	- transmission overdrive • - training Effect - theories Transmission • - training following	dimensions the Shows transmission the of training the following transmission Compare of effect the of theories training educational Design facilitate that situations the of transmission the) training of impact .(learning	۲	۱۲
- Continuous) evaluation - exam snap - participation - reports - assignments (interaction	Problem - Solving Discussion	- feedback of Definition • - feedback Dimensions • - feedback of Types •	feedback Knows dimensions the Shows feedback the of of types Defines feedback	۲	۱۳
- Continuous) evaluation - exam snap - participation - reports - assignments	Brainstormi - ng hyperlinked questions	- learning of Definition • - good for conditions • - learning and Learning • - language) acquisition (skills motor	knows Learning conditions the Shows learning good for of effect the Explains language on learning	۲	۱۴

(interaction			motor and acquisition acquisition skills		
Continuous) evaluation - exam snap - participation - reports - assignments (interaction	Problem - Solving Discussion	and theories Learning• laws and Discovery• learning curves learning•	most the Shows learning important laws and theories relationship the Shows and discovery between learning for skill Graphing learning different curves	٢	١٥
Formative) calendar exam written (	exam month second			٢	١٦

Infrastructure •	
Nothing	textbooks required The1-
psychology Educational foundation ,Azirjawi Mohsen Fadel Educational of Principles ,Zagloul-Al Rahim-Abdel Emad Psychology Education and Psychology of Dictionary ,Hatab Abu Fouad .Psychology Educational ,Jado Abu Ali Muhammad Saleh edition nd٢ Educational to Introduction ,Mansi Halim Abdel Mahmoud Psychology Education to Introduction ,Jaradat Izzat	(sources) references main2
treatises the And letters and Research some by recommend . article the of vocabulary the to pertaining	(references and books Recommended (...., reports , journals scientific

lectures learning-e through website Babylon of University service http://repository.uobabylon.edu.iq/elearning/elearning2012.aspx of University ,Education Basic of College the of website The /http://www.basicedu.uodiyala.edu.iq Diyala website journals academic Iraqi http://www.iasj.net/iasj	.websites , references Electronic -B
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plan development Course •
. profession teaching the to related aspects applied with course the Enriching•

description Course

the of characteristics important most the of summary necessary a provides description course This
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Education Basic of College / University Diyala	Educational institution • University • / department center code / name •
Sports and Education Physical of Department / materials Educational Sciences Coll 2206 / Health Mental	forms Attendance • available year / season •
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hours १० ११ १० / १० / १	study of Number • (total) hours this date The • was description prepared Objectives Course •
: to able be should student the ाsemester the of end the At : needs his satisfying of sources the of one is Pleasure joy And extraction Pleasure• . work and sex And rest And food as such to him enable to order in capabilities mental has individual The what Exploit2- . way creative a in plan	
collective the And Personal criteria between balance harmonious a Establish 3.	
jobs its does to order in group work the within individual the adapt to seeks4- It form optimal and desired powerless without relationships human Mature a in engage to individual the Enable 5. _ immature nature experiences Related a in indulging	
and frustration ाfailure of situations some face to individual the Enabling 6. the for health Mental Importance . stress And worrying without vationdepri . individual	
assessment and learning ाteaching of methods and outcomes Learning • understanding and Knowledge - A understanding and Knowledge -१ A health mental of understanding and knowledge obtain to students Enabling -१ A importance and characteristics its foundations the of understanding and knowledge obtain to students Enabling -१ A health mental of fo elements the of understanding and knowledge obtain to students Enabling -१ A health mental	

illness mental of understanding and knowledge obtain to students Enabling - 0 A

of field the in understanding and knowledge obtain to students Enabling - 1 A
evaluation health mental

develop to order in understanding and knowledge obtain to students Enabling - 2 A
health mental of subject the

textbook the of understanding and knowledge obtain to students Enabling - 3 A

skills specific - Subject -b

health mental of concept modern the with concept old the Compare - 1B

health mental of subject the of foundations eth Shows - 2 B

components its into health mental of subject the Analyze - 3 B

. health mental about information Collect - 4B

. illness mental of causes the Explain - 0 B

. subject health mental of development the Shows - 1B

. health mental on paper research a Write - 2 B

learning and teaching of Methods

health mental to related topics and basics the with students Providing1-

. material study the of explanation and Clarification 2

resources health mental about learn and ylibrar the visit to students Requiring - 3

of knowledge additional obtain to websites visiting by skills 'students Improving - 4
health mental

some in discussion and interrogation lecture presentation of methods the Using - 0

. scussiondi of method a need that topics

modalities Evaluation

questions specific with tests Daily1

. participation class and homework for grades Setting ٢

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. essays and questions objective with tests monthly £

skills - C

. development its and health mental of elements the analyze and explain To -١ A

book electronic the and book method paper the between Distinguish -٢ A

course health mental the of elements some Evaluate -٢ A

health mental of vocabulary the of some Compare -£ A

modalities Evaluation

draw and analyze ,think to ability s'student the measure to exam Analytical
conclusions

illnesses mental between comparisons make to request A

illnesses mental some on research Writing

. questions deductive and intellectual asking by exams Daily

personal and employability to related skills other) skills transferable and general - D
) . development

educational contemporary and terminology ,references ,sources Uses -١ D
implications

health mental of elements the study to students of groups Forming - ٢ D

structure Course •

Evaluation method	education method	unit the of Name topic or course /	learning required outcomes	hours	the week
Building calendar	Discussion and questioning	Psychological health	the Understanding mental of concept its ,health	٢	١

			and characteristics importance		
Building calendar	Discussion and questioning	of Manifestations health mental	the Identify of manifestations health mental	۲	۳+۲
Building calendar	Discussion and questioning	health Mental curricula	about Learn health mental curricula	۲	۴
Building calendar	Discussion and questioning	importance The health mental of	the Recognize of importance health mental	۲	۵
Building calendar	Discussion and questioning	The of development health mental	the Understands of development mental in interest health	۲	۶
Building calendar	Discussion and questioning	behavior standards	of Understands standards behavior	۲	۷
Building calendar	Discussion and questioning	Psychological adaptation	the Understand of concept adaptation	۲	۸
Building calendar	Discussion and questioning	Compatibility psycho	the Understand of concept compatibility	۲	۹
Building calendar	Discussion and questioning	psychological and diseases mental	Recognizing diseases and Psychological mental	۲	۱۱+۱۰
Building calendar	Discussion and questioning	health Mental evaluation	the Identify mental of concept evaluation health goals its methods standards steps and	۲	۱۳+۱۲
Building calendar	Discussion and questioning	mental Develop health	Understanding develop Psychological health	۲	۱۴

exam month Second	
Infrastructure •	
Nothing	required The1- textbooks
ﺃﻓﻜﺮ-ﺃﻟ ﺩﺍﺭ ،ﺃﻧﺎﻧﻲ-ﺃﻟ ﺣﺎﻣﻴﺪ ﺃﺑﺪﻩﻝ ﺣﺎﻧﺎﻥ : ﺑﺴﻴﺎﺭﺓ ﺑﺴﻴﺎﺭﺓ . 2003 ﺟﻮﺭﺩﺍﻥ ،ﺃﻣﻤﺎﻥ ﺃﻛﺎﻓﻴﺔ ﺃﻟﺪﻳﻦ ،ﺗﺴﻮﻋﺪﺍﺕ ﻧﻴﻜﻮﻟﺴﻮﻥ ﻭﺃﻟﻤﻮﺩﺭﺍﺕ ﺑﺴﻴﺎﺭﺓ ﺃﻟﻤﻮﺩﺭﺍﺕ ،ﺭﻳﺎﺩﺓ : ﺑﺴﻴﺎﺭﺓ ﺑﺴﻴﺎﺭﺓ	) references main2 (sources
the to pertaining treatises the And letters and Research some by recommend . article the of vocabulary	books Recommended (references and , journals scientific (..... reports
service lectures learning-e through website Babylon of University http://repository.uobabylon.edu.iq/elearning/elearning2012.aspx Diyala of University ,Education Basic of College the of website The http://www.basicedu.uodiyala.edu.iq website journals academic Iraqi http://www.iasj.net/iasj	references Electronic -B .websites ,
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Education Basic of College / University Diyala	institution Educational .١
sciences sports and education physical / department Scientific	center / department Scientific .٢
movement the racket the holding of per f or nance technical the	learning of importance The - ١ B
games racket tennis Spor 2311	code/name Course .٣
tennis in arms the of movement the and feet the of	available forms Attendance .٤
tennis of skills basic the of per f or nance technical the	learning of importance The - ١ B
of types the and strikes back and front the of performance technical the	learning of importance The - ١ B
hours ٣٠	ionrecept and transmission (total) hours Study .٦
tennis of law international the of paragraphs the of explanation	the knowing of importance The - ١ B
٢٠٢١/١٠/١	was description this date The .٧
and trial through wrong and right know and skill the apply to ability	the have should student The - ١ B
to able be should student the year academic the of end the At	objectives Course .٨
of game the of requirements and objectives history the of Knowledge .١	
learning and teaching of Methods	
tennis of game the of skills basic the explain To .٢	
doubles and singles play to ability the centers learning of Method - ١	
doubles and singles for tennis of preparation tactical The knowledge .٤	
badminton of types and sski I I basic the explain To .٥	interrogation and discussion of method The ٢
game the of rules arbitration and paragraphs legal the of Explanation . ٦	method learning Cooperative - ٢
mastery for learning of method The - ٤	
form the View - ٥	
modalities Evaluation	
tests Practical ١	

exams Theoretical - ۲ tennis with dealt that studies review to and reports and research out carry to students Assigning - ۲ games
goals value and Emotional -C students facing difficulties the overcome to ability The - ۱ C performance during students among cooperation of spirit a Developing - ۲ C competencies thinking scientific of development and Acquisition - ۳ C .personality balanced and flexible a have To . - ۴ C . solutions quick require that problems the to importance gives - ۵ C .morale and confidence-self instilling and aspects psychological Developing - ۶ C specialization educational and academic of field the in concepts basic of Acquisition - ۷ C
learning and teaching of Methods
places and centers learning of Method - ۱ interrogation and discussion of method The ۲ method learning Cooperative - ۳ mastery for learning of method The - ۴ form the View - ۵
modalities Evaluation
tests Practical ۱ exams Theoretical - ۲ tennis with dealt that studies review to and reports and research out carry to students Assigning - ۲

games

personal and employability to related skills other) skills qualifying and general Transferred - D
.(development

skills Leadership - 1D

innovation and creativity towards tendencies positive Building - - 2D

. itiespossibil available the exploiting of skills the - 3D

surrender-non and ,persistence ,challenge is spirit whose generation a Building - 4D

performance motor develop and evaluate ,analyze to ability of Skills 5D

and education physical acquire education basic in students which to extent the Evaluating - 6D
skills science sports

. information analyze to ability s'student the Develop - 7D

structure Course .١٠					
Evaluation method	method education	topic/name Unit	learning required outcomes	hours	week the
Diagnostic calendar	and Discussion questioning	of History of goals/tennis game/tennis requirements	the about Learn tennis of game	٢	١
Diagnostic calendar	of method The the displaying the is form of method centers learning places and	- holding Racket - movements foot movement arms	acquainted get To basic the with the of principles tennis of game	٢	٢
Diagnostic calendar	of method The the displaying the is form of method centers learning places and	Technical of performance and forehand the skill backhand	skills basic know To	٢	٣
Diagnostic calendar	of Method centers learning places and	Technical of performance transmission the skill	skills basic know To	٢	٤
Diagnostic calendar	of method The the displaying the is model of method for knowledge of sake the mastery	Technical of performance of skill the the receiving transmitter	skills basic know To	٢	٥
Building calendar	for learn to How mastery cooperative method learning	half and plane The strike plane	skills basic know To	٢	٦
structural calendar		+ Theoretical test practical	calendar	٢	٧
Diagnostic calendar	of method and discussion	an at plane hit the angle	skills basic know To	٢	٨

	questioning view Form				
Building calendar	of method The the displaying the is model of method for learning mastery	technical The of performance the of skill the and blow crushing blow high the	skills basic know To	۲	۹
Building calendar	model The presentation the is method collaborative method learning	Technical of performance strike spinning the skill	skills basic know To	۲	۱۰
Building calendar	model The presentation the is method collaborative method learning	tactical The of preparation singles for tennis doubles and	the know To setup schematic	۲	۱۱
Building calendar	cooperative method learning for learn to How mastery	exercises Intensive skills develop to	to exercises Perform skills basic develop	۲	۱۲
Building calendar	cooperative method learning of method and discussion questioning	practice Game double play single play	practice play	۲	۱۳
Building calendar	cooperative method learning of method and discussion questioning	of Explanation law international principles the and and playing of arbitration	about Learn and law international of principles the and playing arbitration	۲	۱۴
closing calendar		+ Theoretical test practical	calendar final	۲	۱۵

nothing	textbooks required The -١
	(sources) references main ٢
course the to related resources and periodicals from Benefit material study the to related publications Recent	by recommended references and Books (.... ,reports ,journals scientific
-well as network information international the from Benefit sources known	...websites ,references Electronic -B

plan development Course .١٢
racket tennis of development the in appear that requirements the to according developed is course The - ١ .education basic of stages the in (tennis ground) games racquet of development the in appear that requirements the with accordance in developed is course The .٢ .Championships World and Olympic the in (tennis ground) games

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Education Basic of College / University Diyala	institution Educational .٩
sciences sports and education physical / department Scientific	center / department Scientific .١٠

Sport 2312 / Basketball	code/name Course .١١
mandatory Is	available forms Attendance .١٢
second / third	year/season .١٣
hours ٣٠	(total) hours Study .١٤
٢٠٢١/١٠/١	was description this date The .١٥ prepared
Course .١٦ objectives At the end of the academic year the student should be able to:	
١. Students' knowledge of the definition of basketball court measurements	
٢. Learn all the tools needed for arbitration during the before and after the match	
٣. To get acquainted with the numbers of players and their substitutions	
٤. To know the duties and preparation of referees inside and outside the field	
٥. The ability to manage the game	
٦. Accurate knowledge of refereeing a basketball match	

assessment and learning ,teaching of methods and outcomes Course .١٧
goals Cognitive -A ١A - To understand the dimensions and requirements of the basketball match

match basketball a in referees of duties the understand To – १ match the during players leaving and entering for rules the understand To - १ A court the inside basketball in law the about learned he what apply To - १A
.course the of objectives skills soft The - B basketball in arbitration and improvisation of i mpor t ance The - १ B the during movements 'referees the of per f or nance technical the learning of i mpor t ance The - १B match si gnal s ar bi t r at i on of per f or nance technical the learning of i mpor t ance The - १B match the of end and beginning the at per f or mto how learning of i mpor t ance The - १B times playing of rules the learning of i mpor t ance the - १ B
learning and teaching of Methods
questioning and discussion of method The - १ method learning cooperative १ mastery for learning of Method १ form the View - १
modalities Evaluation
tests Practical १ exams Theoretical - १ basketball with dealt that studies review to and ,reports and research out carry to students Assigning १

goals value and Emotional -C .citizenship good of spirit the Developing - 1 C performance during students among cooperation of spirit a Developing - 2 C competencies thinking scientific of development and Acquisition - 3 C .personality balanced and flexible a have To . - 4 C . solutions quick require that problems the to importance gives - 5 C .morale and confidence-self instilling and aspects psychological Developing - 6 C specialization educational and academic of field the in concepts basic of Acquisition - 7 C
learning and teaching of Methods
questioning and discussion of method The - 1 method learning cooperative 2 mastery for learning of Method 3 form the View - 4
modalities Evaluation
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personal and employability to related skills other) skills qualifying and general Transferred - D .(development process arbitration the in innovation and creativity towards tendencies positive Building - - 1D . sports to related skills physical - 2 D surrender-non and persistence challenge is spirit whose generation a Building - 3 D

cases arbitral analyze to Ability - 4 D

and education physical acquire education basic in students which to extent the Evaluating - 6D
skills science sports

arbitration for skills personal administrative and leadership - 1D

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structure Course .١٤					
Evaluation method	method education	topic/name Unit	learning required outcomes	hours	week the
Diagnostic calendar	view Form cooperative method learning	game the Define + play And arbitration	with acquainted Get of overview an law basketball	٢	١
Diagnostic calendar	view Form cooperative method learning	Stadium divisions to according international measurements	dimensions the Know court basketball the of	٢	٢
Diagnostic calendar	view Form cooperative method learning	of Definition and equipment the for tools play And game arbitration +	the know to Get equipment 'players	٢	٢
Diagnostic calendar	discussion The questioning and the - method model presentation the - method method learning mastery for	its and Error types Referee + Play	while errors Identify playing	٢	٤
Diagnostic calendar	view Form cooperative method learning	Violation Referee + Play	violation the Identify the and play during it between difference error the and	٢	٥
Building calendar	for learn to How mastery cooperative method learning	Basketball referees Referee + Play	the know to Get their and referees and equipment numbers	٢	٦
structural calendar		+ Theoretical test practical	calendar	٢	٧
Diagnostic calendar	model The presentation the is method collaborative	moves Referee + play arbitration	the Identify the behind mechanism referees of movement	٢	٨

	method learning		match the during		
Diagnostic calendar	of method The the displaying the is form of method centers learning places and	times game Referee + Play	match Recognize times	۲	۹
Diagnostic calendar	of method The the displaying the is model of method for learning mastery	the of Possession + playing ball arbitration	about Learn losing and possession ball the	۲	۱۰
Building calendar	for learn to How mastery cooperative method learning	Penalties offense against and + play foul arbitration offense	penalties the Identify types their and violation the against error and	۲	۱۱
for Calendar diagnosis my	cooperative method learning for learn to How mastery	Registration play And Form arbitration +	yourself Familiarize registration the with out it fill and form and before during match the after	۲	۱۲
for Calendar diagnosis my	cooperative method learning for learn to How mastery	+ Playing with arbitration application the from cases all of foregoing the	about Learn signals arbitration mechanisms their and match the during	۲	۱۳
Building calendar	cooperative method learning for learn to How mastery	+ Play with arbitration application the the all of of vocabulary law the	arbitration and + Play full in application format	۲	۱۴
closing calendar		+ Theoretical test practical	calendar final	۲	۱۵

Infrastructure .١٥	
nothing	textbooks required The -١
.law basketball ءSamoum Ali	(sources) references main ٢
course the to related resources and periodicals from Benefit material study the to related publications Recent	by recommended references and Books (.... ءreports ءjournals scientific
-well as network information international the from Benefit sources known	.websites ء references Electronic -B

plan development Course .١٦
in basketball of development the in appear that requirements the to according developed is course The .١ education basic of stages the of development the in appear that requirements the with accordance in developed is course The .٢ Championships World and Olympic the in basketball

form description Course

course the of characteristics important most the of summary necessary a provides description course This
most the made has he whether demonstrating ءachieve to student the of expected outcomes learning the and
ء .description program the to linked be stmu It .opportunities learning available the of

Education Basic of College / University Diyala	institution Educational .١
assessment and learning (teaching of methods and outcomes Course .١٠	
sciences sports and education physical / department Scientific	center / department Scientific .٢
goals Cognitive -A	
Sport 2313 / Handball	code/name Course .٣
mandatory Is	available forms Attendance .٤
sec/third	year/season .٥
hours ٣٠	(total) hours Study .٦
٢٠٢١/١٠/١	was description this date The prepared .٧
:to able be should student the ,year academic the of end the At :objectives Course .٨	
detail in court handball the of dimensions the with students the familiarize To .١	
handball in law the of paragraphs the with acquainted get To .٢	
handball of law the apply to how understand To .٣	
referee handball the of stance correct the apply To .٤	
skills basic of application IPractica .٥	
detail in court handball the of dimensions the know To -١A handball in law the of paragraphs the with acquainted get To -٢ A law handball the apply to how understand To -٣ A referee handball the of stance correct the apply To -٤A practice in learned he what apply To -٥ A	

The - B soft skills objectives of the course.	
1 - The importance of knowing the concept of handball and the rules of the game.	B - 1
2 - The importance of learning arbitration and performance in handball decisions.	B - 2
3 - The importance of learning the performance of all kinds of technical handball.	B - 3
4 - The importance of learning technical performance and using correct arbitration signals.	B - 4
5 - The importance of learning how to fill out the handball arbitration form.	B - 5
Methods of teaching and learning	
1 - The method of questioning and discussion.	1 -
2 - Cooperative learning method.	2 -
3 - Mastery for learning of Method.	3 -
4 - The View form.	4 -
Evaluation modalities	
1 - Practical tests.	1 -
2 - Theoretical exams.	2 -
3 - Assigning students to carry out research and reports and to review studies that deal with handball.	3 -

goals value and Emotional -C .citizenship good of spirit the Developing -١ C performance during students among cooperation of spirit a Developing - ٢ C personality balanced and flexible a have To -٣ C .morale and confidence-self instilling and aspects psychological Developing ..- ٤ C specialization educational and academic of field the in concepts basic of Acquisition - ٥ C
learning and teaching of Methods
questioning and discussion of method The -١ method learning cooperative ٢ mastery for learning of Method ٣ form the View -٤
modalities Evaluation
tests Practical ١ exams Theoretical -٢ handball with dealt that studies review to and ,reports and research out carry to students Assigning -٣
personal and employability to related skills other) skills qualifying and general Transferred - D .(development innovation and creativity towards tendencies positive Building - - ١D .sports for skills physical - ٢D surrender-non and ,determination ,challenge is spirit whose generation a Building - ٣D performance motor develop and evaluate ,analyze to ability of Skills - ٤D

and education physical acquire education basic in students which to extent the Evaluating - **•D**
skills science sports

structure Course .١١					
Evaluation method	education method	topic/name Unit	learning required outcomes	hours	week the
Diagnostic calendar	of method and discussion questioning	Historical of development handball	handball about Learn international and law handball	٢	١
Diagnostic calendar	of method and discussion questioning	area Goal - boundaries and prohibited permitted	handball about Learn international and law handball	٢	٢
Diagnostic calendar	view Form cooperative learning method	Playground - measurements - areas playing line measurements	handball about Learn international and law handball	٢	٣
Diagnostic calendar	of method The the displaying the is model of method for knowledge of sake the mastery	types - ball Legal - measurements - .sizes	handball about Learn international and law handball	٢	٤
Diagnostic calendar	view Form cooperative learning method	the - play Passive of method and judgment determination	handball about Learn international and law handball	٢	٥
Building calendar	learn to How mastery for cooperative learning method	Intensive to exercises skills develop	to exercises Perform skills develop	٢	٦
structural calendar		+ Theoretical test practical	calendar	٢	٧
Diagnostic calendar	model The presentation the is method collaborative learning	tactic Defensive and types its and individual tactic defensive	handball about Learn international and law handball	٢	٨

	method				
Diagnostic calendar	of method The the displaying the is model of method for learning mastery	Arbitration - mock - signals application models	handball about Learn international and law handball	۲	۹
Diagnostic calendar	of method The the displaying the is model of method for learning mastery	Penalties -۲ warnings minute and suspensions exclusions	handball about Learn international and law handball	۲	۱۰
Diagnostic calendar	of method The the displaying the is model of method for learning mastery	legal New .amendments	handball about Learn international and law handball	۲	۱۱
Building calendar	learn to How mastery for cooperative learning method	Intensive to exercises skills develop	to exercises Perform skills develop	۲	۱۲
for Calendar diagnosis my	model The presentation the is method collaborative learning method	- Forms Referee for work to How referees table	handball about Learn international and law handball	۲	۱۳
for Calendar diagnosis my	model The presentation the is method collaborative learning method	and Players stadium equipment	handball about Learn international and law handball	۲	۱۴
closing calendar		+ Theoretical test practical	calendar final	۲	۱۵

Infrastructure ١٢	
nothing	textbooks required The -١
١٩٩٧ ءAll for Handball ءAllawi Hassan Muhammad Saad :.Dr by Translated - Law Handball International ٢٠٠٥ ءMohsen	(sources) references main ٢
course the to related resources and periodicals from Benefit material study the to related publications Recent	by recommended references and Books (.... ءreports ءjournals scientific
-well as network information international the from Benefit sources known	.websites ءreferences Electronic -B

plan development Course ١٣	
handball of development the in appear that requirements the with accordance in developed is course The ١ education basic of stages the in handball of development the in appear that requirements the with accordance in developed is course The ٢ Championships World and Olympic the in	
form description Course	

course the of characteristics important most the of summary necessary a provides description course This
 most the made has he whether demonstrating ءachieve to student the of expected outcomes learning the and
 ءdescription program the to linked be ustm It . opportunities learning available the of

Education Basic of College / University Diyala	institution Educational ٩
sciences sports and education physical / department Scientific	center / department Scientific ١٠

throwing discus of stages technical the know To - १A jump high the of stages technical the understand To - २ A mistakes making avoid to event each for laws arbitration the with familiar be should He - ३ A practice in learned he what apply To - ४ A events sports referee and manage to ability The - १A
.course the of objectives skills soft The - B barriers of effectiveness the of stages technical the recognizing of importance The - १B throwing discus of stages technical the learning of importance The - २B event jump high the of performance technical the learning of importance The - ३B events mentioned the all arbitrating and managing of possibility The - ४B
learning and teaching of Methods
questioning and discussion of method The - १ method learning cooperative २ mastery for learning of Method २ form the View - ३
modalities Evaluation
tests Practical १ exams Theoretical - २ arena the with dealt that studies review to and reports and research out carry to students Assigning - २ track and

goals value and Emotional -C .leadership of spirit the have To -١ C performance during students among cooperation of spirit a Developing - ٢ C personality influential an have To -٣ C .morale and confidence-self instilling and aspects psychological the Developing .. - ٤ C specialization educational and academic of field the in concepts basic of Acquisition - ٥ C
learning and teaching of Methods
questioning and discussion of method The -١ method learning cooperative ٢ mastery for learning of Method ٣ form the View -٤
modalities Evaluation
tests Practical ١ exams Theoretical -٢ arena the with dealt that studies review to and ,reports and research out carry to students Assigning -٣ track and
personal and employability to related skills other, skills qualifying and general Transferred - D .(development innovation and creativity towards tendencies positive Building - - ١ D . sports to related skills physical - ٢ D surrender-non and ,persistence ,challenge is spirit whose generation a Building - ٣ D performance motor develop and evaluate ,analyze to Ability -٤ D

and education physical acquire education basic in students which to extent the Evaluating - **•D**
skills science sports

structure Course .١٥					
Evaluation method	education method	topic/name Unit	learning required outcomes	hours	week the
Diagnostic calendar	of method The the displaying the is model of method for learning mastery	technical The the of stages race steeplechase	the Identify of effectiveness arena the in obstacles games track and	٢	١
Diagnostic calendar	of method The the displaying the is model of method for learning mastery	technical The the of stages race steeplechase	efficacy inhibitor	٢	٢
Diagnostic calendar	of method The and discussion ،questioning of method the for learning mastery	and Arbitration of management obstacle the course	efficacy inhibitor	٢	٢
Building calendar	learn to How mastery for	training Intensive the develop to steeplechase	exercises Performing the develop to steeplechase	٢	٤
Diagnostic calendar	of method The the displaying the is model of method for learning mastery	stages Technical throwing discus of	the Recognize discus of effectiveness throwing	٢	٥
Diagnostic calendar	-to-science The master the ،method collaborative learning method	stages Technical throwing discus of	throw discus effectiveness	٢	٦
Diagnostic calendar	of method The and discussion ،questioning of method the	and Arbitration of management throw discus the	throw discus effectiveness	٢	٧

	for learning mastery	race			
structural calendar		+ Theoretical test practical	calendar	۲	۸
Building calendar	learn to How mastery for	exercises Intensive discus develop to throwing	for exercises Perform development	۲	۹
Diagnostic calendar	view Form cooperative learning method	Technical performance high the of stages event jump	the about Learn the of effectiveness jump high	۲	۱۰
Diagnostic calendar	cooperative learning method	technical of Stages of performance jump high the	jump High effectiveness	۲	۱۱
Diagnostic calendar	of method The and discussion «questioning of method the for learning mastery	and Management the of arbitration event jump high	jump High effectiveness	۲	۱۲
Building calendar	learn to How ymaster for	exercises Intensive the develop to the of effectiveness jump high	to exercises Perform the develop the of effectiveness jump high	۲	۱۳
Building calendar	learn to How mastery for	a Perform comprehensive all of review activities	audit	۲	۱۴
closing calendar		+ Theoretical test practical	calendar final	۲	۱۵

Infrastructure .۱۶	
nothing	textbooks required The -۱

٢٠٠٢ ،Mustafa Rahman Abdul and Khraibet Risan ،Athletics and Ahmed Qutiba practice and theory between Athletics ٢٠١٢ Mounir Yasser and Faeq Haider by translated ،Law Competition International ٢٠١٢ ،Jalil Aseel	(sources) references main
course the to related resources and periodicals from Benefit material study the to related publications Recent	by recommended references and Books (.... ،reports ،journals scientific
-well as network information international the from Benefit sources known	،websites ، references Electronic -B

plan development Course .١٧
track and arena of development the in appear that requirements the to according developed is course The - ١ stages education basic the in games and arena of development the in appear that requirements the with accordance in developed is course The .٢ Championships World and Olympic the in games track

form description Course

course the of characteristics important most the of summary necessary a provides description course This most the made has he whether demonstrating ،achieve to student the of expected outcomes learning the and ،description program the to linked be ustm It . opportunities learning available the of

Education Basic of College / University Diyala	institution Educational .١٧
sciences sports and education physical / department Scientific	center / department Scientific .١٨
Spor 2315 / physiology training Sports	code/name Course .١٩
mandatory Is	available forms Attendance .٢٠

is physiology what understand To - ١ A body human the of organization and components the understand To - ٢ A components its and body human the in cell the know to get To - ٣ A it produce to how and types its energy of meaning the understand To - ٤ A systems body human the of functions the compare To - ٥ A works it which by mechanism the and heart the with acquainted get To - ٦A the in exchange gaseous of mechanism the and system respiratory the with acquainted get To - ٦A body human
.course the of objectives skills soft The - B body human the of organization and physiology of concept the - ١B component its and cell the Knowing - production its to related systems the and produced is it how energy of Types - ٢B contraction muscle of mechanism the and components their muscles of Knowledge -٤B types its and system circulatory anatomy its heart The -٥ B mechanism breathing and system respiratory of Knowledge -٦B
learning and teaching of Methods
questioning and discussion of method The -١ method Lecture ٢
modalities Evaluation
tests Practical ١ exams Theoretical -٢

the with dealt that studies review to and ,reports and research out carry to students Assigning -۲ training sports of physiology
goals value and Emotional -C .generation rising the building for basis a as profession teaching the towards incline To - ۱A competencies thinking scientific of development and Acquisition -۲ C .personality balanced and flexible a have To -۲ C .morale and confidence-self instilling and aspects psychological Developing . - ۴ C specialization educational and academic of field the in concepts basic of Acquisition - ۵ C
learning and teaching of Methods
questioning and discussion of method The -۱ method Lecture ۲
modalities Evaluation
exams Theoretical -۱ physiology the with dealt that studies review and reports and research out carry to students Assigning -۲ training sports of
personal and employability to related skills other, skills qualifying and general Transferred - D .(development .students education basic to knowledge mathematical teaching in skills acquired the Employing - ۱D covered were that skills has which of each ,course education basic the from examples Choosing -۲D .course the in

.skills application acquire students tioneduca basic which to extent the Evaluate - ٢D

.students school primary For thinking mathematical of areas the in tests special Constructing - ٤D

skills personal administrative and leadership - ٥D

structure Course .1٩					
Evaluation method	education method	topic/name Unit	learning required outcomes	hours	the week
structural calendar	Lecture method	of concept The physiology	the know To of meaning philosophy	٢	١
structural calendar	of method discussion and questioning	training Sports physiology	the know To of mechanism physiological functions	٢	٢
structural calendar	Lecture method	cell	the know To and anatomical structure functional cell the of	٢	٣
structural calendar	Lecture method	energy	energy know To systems	٢	٤
structural calendar	of method discussion and questioning Lecture method	muscle	the know To and anatomical functional the of composition muscles	٢	٥
structural calendar	of method discussion and	heart the	the know To and anatomical structure functional	٢	٦

	questioning Lecture method		heart the of		
structural calendar	of method discussion and questioning Lecture method	heart the	distinguish To cardiac the between athlete the of output normal the and being human	۲	۷
structural calendar		test objective	calendar	۲	۸
structural calendar	of method discussion and questioning Lecture method	pressure blood	distinguish To of types between pressure blood	۲	۹
structural calendar	of method discussion and questioning Lecture method	system Respiratory	the know To of mechanism respiration	۲	۱۰
structural calendar	of method discussion and questioning Lecture method	system Respiratory	Pulmonary during ventilation the in exercise dead respiratory space	۲	۱۱
structural calendar	of method discussion and questioning Lecture method	supported arithmetic operations	global the know To of measurement agility	۲	۱۲
structural calendar	of method discussion and	calendar structural	calendar structural	۲	۱۳

	questioning				
	Lecture method				
structural calendar	of method discussion and questioning	most the of Review articles important	audit	٢	١٤
	Lecture method				
Final calendar		test objective	calendar	٢	١٥

Infrastructure ٢٠	
nothing	textbooks required The -١
٢٠٠٢ ،Physiology Sport ةKhraibet Risan and Turki Ali	(sources) references main ٢
sports in physiology to Introduction ةmentioned Fadel	
٢٠١١ ةtraining	
course the to related resources and periodicals from Benefit	by recommended references and Books
material study the to related publications Recent	(.... ةreports ةjournals scientific
-well as network information international the from Benefit sources known	.websites ة references Electronic -B

plan development Course ٢١
universities and colleges by proposed is what and body sectoral the by issued decisions the on Relying - .

form description Course

This course provides a necessary summary of the most important characteristics of the course. The student is expected to learn the outcomes of the course and whether he has achieved them. The program description is linked to the ustm It . opportunities learning available the of

Education Basic of College / University Diyala	institution Educational .٢٥
sciences sports and education physical / department Scientific	center / department Scientific .٢٦
Spor 2316 / Biomechanics	code/name Course .٢٧
mandatory Is	available forms Attendance .٢٨
second / third	year/season .٢٩
hours ٣٠	(total) hours Study .٣٠
٢٠٢١/١٠/١	was description this date The .٣١ prepared
Course objectives .٣٢ At the end of the academic year the student should be able to:	
١. To familiarize students with the concept of biomechanics and its types	
٢. Introducing students to the importance of biomechanics in physical science sports and education	
٣. To know the mechanical effect of muscles	
٤. To know the types of movements	
٥. To know your kinematics and its types	
٦. To be familiar with the Kinetic and its types	
٧. To explain what he learned in practice	

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assessment and learning ,teaching of methods and outcomes Course .٢٢
goals Cognitive -A To - ١A understand what biomechanics is and its types To - ٢ A understand the ratio of motion and the coordinate system To - ٣ A understand the mechanical effect of muscles To - ٤ A understand the types of movements To - ٥ A understand the types of kinematics and compare them To - ٦A understand the types of Kinetics and compare them. To - ٧A compare between kinematics and kinematics
The - B soft skills objectives of the course. ١B the concept of types its and biomechanics ٢B Know the ratio of motion and the coordinate system ٣B mechanical action of muscles ٤B Knowledge of scalar and expansion vectors and quantities ٥B Knowing the types and types of movements and kinematics ٦B Knowing the Kinetic and its types
learning and teaching of Methods

questioning and discussion of method The -1
method Lecture 2
modalities Evaluation
tests Practical 1
exams Theoretical -2
the with dealt that studies review to and reports and research out carry to students Assigning -2 training sports of physiology
goals value and Emotional -C
subject the on data analyzing and collecting in Skills - 1C
competencies thinking scientific of development and Acquisition -2 C
personality balanced and flexible a have To -2 C
morale and confidence-self instilling and aspects psychological Developing . - 2 C
specialization educational and academic of field the in concepts basic of Acquisition - 2 C
learning and teaching of Methods
questioning and discussion of method The -1
method Lecture 2
modalities Evaluation
exams Theoretical -1
with dealt that studies review to and reports and research complete to students Assigning -2

biomechanics
personal and employability to related skills other) skills qualifying and general Transferred - D .(development Employing - ١D .students education basic to knowledge mathematical teaching in skills acquired the Choosing - ٢D covered were that skills has which of each ,course education basic the from examples the in .course Evaluate - ٣D .skills application acquire students education basic which to extent the Constructing - ٤D .students school primary For thinking mathematical of areas the in tstes special skills personal administrative and leadership - ٥D

٢٢ Course structure					
Evaluation method	education method	topic/name Unit	learning required outcomes	hours	the week
structural calendar	Lecture method	of concept The and biomechanics types its and ratio Motion system coordinate	know To biomechanics	٢	١
structural calendar	of method and discussion questioning	,ratio Motion ,system coordinate planes and axes	of ratio the know To the ,motion ,system coordinate planes and ,axes	٢	٢
structural calendar	Lecture method	mechanical The muscles of effect	the know To of effect mechanical	٢	٣

		vectors and	muscles		
structural calendar	Lecture method	،quantities Scalar expanded types and ،quantities movements of	the know To quantities	٢	٤
structural calendar	of method and discussion questioning Lecture method	،Distance ،displacement and velocity acceleration	your recognize To kinematics straight	٢	٥
structural calendar	of method and discussion questioning Lecture method	movement projectile	your recognize To kinematics straight	٢	٦
structural calendar		test objective	calendar	٢	٧
structural calendar	of method and discussion questioning Lecture method	distance Angular angular and displacement velocity Angular	your recognize To kinematics angular	٢	٨
structural calendar	of method and discussion questioning Lecture method	Circumferential angular and velocity acceleration	your recognize To kinematics angular	٢	٩
structural calendar	of method and discussion questioning Lecture method	،mass ،weight ،Force and ،momentum frictional momentum	straight Recognize kinetics	٢	١٠
structural calendar	of method and discussion questioning Lecture	،power ،Work and collision ،energy pressure	straight Recognize kinetics	٢	١١

	method				
structural calendar	of method and discussion questioning Lecture method	of center s'body The moment and gravity inertia of	about Learn Kinetics Angular	٢	١٢
structural calendar	of method and discussion questioning Lecture method	laws s'Newton	about Learn laws s'Newton	٢	١٣
structural calendar	of method and discussion questioning	Biomechanics report	report a	٢	١٤
Final calendar		test objective	calendar	٢	١٥

Infrastructure .٢٤	
nothing	textbooks required The -١
sports in applications Biomechanics «Karim Abdul Frank performance motor and training	(sources) references main ٢
course the to related resources and periodicals from Benefit material study the to related publications Recent	by recommended references and Books (.... «reports «journals scientific
-well as network information international the from Benefit sources known	.websites « references Electronic -B