

Ministry of Higher Education and Scientific Research
Scientific supervision and Scientific evaluation

Apparatus Directorate of Quality Assurance and
Academic Accreditation

Department



**Academic Program and Course Description for the
Department**

Of physical Education and Sports Sciences

2026- 2025

Study System: Semester-Based
(Course System)
Date of Description Preparation:
20/4/2026

University: University of Diyala
College/Institute: College of Basic Education
Scientific Department: Physical Education and Sports Sciences
Academic/Professional Program Name: Bachelor of Basic Education
Physical Education and Sports Sciences
Final Degree Name: Bachelor of Basic Education in Physical Education
Sports Sciences

Academic Program Description for Colleges Academic Year 2025/2026



Name of Scientific Assistant
Dean: Prof. Dr. Haider Abdul-Baqi
Abbas

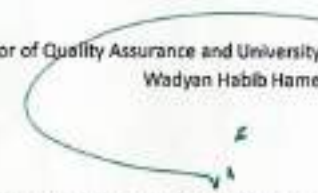


Name of Head of Department:
Assist. Prof. Dr. Nasser Hameed
Kareem



Reviewed by:
Quality Assurance and University Performance Division

Name of Director of Quality Assurance and University Performance Division: Lecturer Dr.
Wadyan Habib Hameed



Approved by the Dean :Asst. Prof. Dr. Ayman Abdul Aoun Nazzal

1	1	Computer III	Univ4114	fourth
-	2	Arabic III	Univ4115	fourth
-	2	Curricula and textbooks	Call 4214	fourth
-	2	Educational administration and direction	Call 4215	fourth
-	12	Application	Call 4216	fourth
2	1	Swimming	Sport 4338	fourth
2	1	Arena and field (decimal)	Sport 4339	fourth
-	3	Methods of Teaching Physical Education	Sport 4340	fourth
-	2	Sports Psychology	Sport 4341	fourth
-	2	athletic training	Sport 4342	fourth
-	3	Research Project Graduation	Sport 4343	fourth

semester seventh / stage Fourth

description Course

course the of characteristics important most the of summary necessary a provides description course This
most the made has he whether demonstrating ,achieve to student the of expected outcomes learning the and
,description program the to linked be must It .available learning opportunities the of

Education Basic of College / University Diyala	institution Educational •
and Education Physical of Department / materials Cultural Sciences Sports	center / department Scientific •

Univ4115 /Arabic	code / name •
mandatory Is	available forms Attendance •
fourth / seventh	year / season •
hours ३•	(total) hours study of Number •
२१ २०/१०/१	was description this date The • prepared
:to able be should student the ,year academic the of end the At : objectives Course •	
conjunction , emphasis , substitution , adjective): affiliations(Syntax in Grammar Arabic Learn1. morphology in forbidden ,	
, literature Arabic modern in renaissance literary the): literature Arabic modern(Literature Learn2. • turelitera Arabic modern in prose , school each for life his and poet a of model a with schools poetic	

assessment and learning ,teaching of methods and outcomes Course
goals Cognitive - A understanding and Knowledge - A ,adjective :(affiliations) grammar of understanding and knowledge obtain to students Enabling - १ A .declension in forbidden the and ,conjunction ,emphasis ,substitution the :(literature Arabic modern) literature in understanding and knowledge obtain to students Enabling - २ A each orf life his and poet a of model a with schools poetic ,literature Arabic modern in renaissance literary .literature Arabic modern in prose ,school
. course the of Marathi objectives - B .literature in skills - १B

. topics grammar to related skills - ٢ B prose Arabic modern to related Skills -٢ B
learning and teaching of Methods
material study the of explanation and Clarification1- form the display to How -٢ method lecture The -٢ method learning-Self -٤
modalities Evaluation
questions specific with tests Daily1 . participation class and homework for grades Setting ٢ subject the on reports and research complete to students Assign ٢ . essays and questions objective with tests monthly ٤
goals value and emotional - C . applications life its and matter studying of importance the realize To -١ A . prose and poetry of meaning alspiritu the realizes He -٢ A
learning and teaching of Methods
clarification and Explanation1- form the display to How -٢ method learning-Self -٢
modalities Evaluation
. tests Theoretical1-

. studies and Reports - ٢
personal and employability to related skills other) skills qualifying and general Transferred - D) . development
. terminology and references using of skills The - ١ D
. subject the on data analyzing and collecting in Skills - ٢ D
. theorems retinginterp of skills The - ٢ D
. skills Comparison - ٤ D
. subject the on concepts special preparing of Skills ٥ D

structure Course					
Evaluation method	education method	topic / name Unit	outcomes learning required	hours	the week
Building calendar	Explanation and clarification	/ syntax dependencies	participle the Learn	٢	١
Building calendar	Explanation and clarification	/ syntax dependencies	allowance the Learn	٢	٢
Building calendar	Explanation and clarification	/ syntax dependencies	and verbal- emphasize to Learn moral	٢	٣
Building calendar	Explanation and clarification	/ syntax dependencies	empathy Learn	٢	٤
Building calendar	lecture	/ syntax dependencies	conjunctions the Learn the - statement the of the of conjunction pattern	٢	٥
Building calendar	lecture	/ syntax dependencies	exchange to Forbidden	٢	٦

topic the to related exercises solutions and tests of variety a is exam month first The				٢	٧
Building calendar	lecture	/ Literature Arabic Modern Literature	in Renaissance Literary• Arabic Modern Literature	٢	٨
Building calendar	lecture	/ Literature Arabic Modern Literature	of School : Schools Poetry Diwan - Diaspora - Revival Group	٢	٩
Building calendar	lecture	/ Literature Arabic Modern Literature	Apollo schools poetic• of School The - School Poetry Free •	٢	١٠
Building calendar	lecture	/ Literature Arabic Modern Literature	of life the from Samples • school each for poet one his from verses ten and poetry	٢	١١
Building calendar	lecture	/ Literature Arabic Modern Literature	one of life the from Samples ten and school each for poet poetry his from verses	٢	١٢
Building calendar	lecture	/ Literature Arabic Modern Literature	Modern The literature in Prose Novel the and Story The :Arab	٢	١٣
Building calendar	show Model	/ Literature Arabic Modern Literature	Arabic modern in Prose play – essay - :literature	٢	١٤
tests objective exam month second The				٢	١٥

Infrastructure	
nothing	textbooks required The1-
Ibn by .echo the and dewdrop the of Explanation• . Hisham	(sources) references main2

• Hassan Abbas 'Grammar Comprehensive	
• Ancient grammar books • Collector of Arabic lessons -Al Mustafa-Ghalayini • Journal of the Iraqi Scientific Academy	recommended references and Books by scientific journals , reports ,
• Al Lisan Arab blog site • The comprehensive library • Scientific Council website • eloquent network	-B Electronic references , websites

• Course development plan
Sectoral commitment

Course description form

description Course

course the of characteristics important most the of summary necessary a provides description course This
most the made has he whether demonstrating ,achieve to student the of expected outcomes learning the and
; .description program the to linked be must It .available learning opportunities the of

Education Basic of College / Diyala University	• institution Educational
and Education Physical of Department / materials Educational Sciences Sports	• center / department Scientific
Coll 4214 / textbooks and Curricula	• code/name Course
mandatory Is	• available forms Attendance
fourth / seventh	• year/season
hours ٣٠	• (total) hours Study
٢١٢٠/١٠/١	• was description this date The prepared
• to able be should student the ,year academic the of end the At :objectives Course	
• definition Curriculum	
• curricula the of characteristics the List	
• curricula of importance the Shows	
• curricula building of foundations the Explains	
• curriculum school the of elements the Analyze	
• curricula of types the Compare	
• based Curriculum	
• models its and curricula the developing for reasons the Shows	
• concept its of terms in known is textbook The	
• textbook the of importance of points the Enumerate	
• does textbook The	
• assessment and learning ,teaching of methods and outcomes Course	

goals Cognitive -A

characteristics their .curricula the of understanding and knowledge obtain to students Enabling -२ A
importance and

building of foundations the of understanding and knowledge obtain to students Enabling -२ A
curricula

school the of elements the of understanding and knowledge obtain to students Enabling -३ A
curriculum

curricula of types the of understanding and knowledge obtain to students Enabling -० A

evaluation curriculum of dfiel the in understanding and knowledge obtain to students Enabling -१ A

its .development curriculum of understanding and knowledge obtain to students Enabling -२ A
reasons and models

textbook the of understanding and knowledge obtain to students Enabling -१ A

. course the of Marathi objectives - B

curricula of concept modern the with concept old the Compare - १B

. curricula building of foundations the shows - २ B

components its into curriculum school the Analyze -२ B

. curricula school of types the on information Collect -३B

. curricula school evaluating for sreason the Explain -० B

. models its and curricula of development the Shows -१B

. textbook the on paper research a Write -२ B

learning and teaching of Methods

curricula the to related topics and basics the with students Providing1-

. material study the of explanation and Clarification २

resources curricula school the see and library the visit to students Asking ۳ curricula school of knowledge additional obtain to websites visiting by skills 'students Improving -۴ a need that topics some in discussion and interrogation ,lecture ,presentation fo methods the Using -۵ . discussion of method
modalities Evaluation
questions specific with tests Daily1 . participation class and homework for grades Setting ۳ . reports and research complete to students Assign ۳ . essays and questions objective with tests monthly ۴
goals value and Emotional -C theories curriculum of importance the Realizes -۱ C textbook the to importance gives It -۲ C environment the with activities curricular linking - ۳ C .activities the Evaluate -۴ C
learning and teaching of Methods
.method presentation the Use• .illustrations Drawing• .method brainstorming•
modalities Evaluation
conclusions draw and analyze .think to ability s'student the measure to exam Analytical countries developed in and Iraq in curricula between comparisons for request A curricula to related problems and phenomena on research Writing

. questions deductive and intellectual asking by exams Daily
personal and employability to related skills other) skills qualifying and general Transferred - D). development .terminology and references using of skills the - ١D .topic the on data analyzing and collecting in Skills -٢D .capabilities available the exploiting of skills the - ٣D .topic the on comparisons making of skills The -٤D .subject the on concepts special preparing of Skills ٥D

structure Course •					
Evaluation method	education method	topic/name Unit	learning required outcomes	hours	week the
Building calendar	and Discussion questioning	curricula	the Understanding its :curricula of concept and characteristics importance	٢	١
Building calendar	and Discussion questioning	foundations Curriculum	philosophical the Know (intellectual) basis	٢	٢
Building calendar	and Discussion questioning	foundations Curriculum	) cultural the Knowing basis (social	٢	٣
Building calendar	and Discussion questioning	foundations Curriculum	the Understanding) basis psychological (developmental	٢	٤
Building calendar	and Discussion questioning	school the of Elements curriculum	educational Understand analysis content , goals	٢	٥

pan questions first The test month				٢	٦
Building calendar	and Discussion questioning	curricula of Kinds	curriculum the Knowing subjects the of	٢	٧
Building calendar	and Discussion questioning	curricula of Kinds	activity the about Learn method	٢	٨
Building calendar	and Discussion questioning	curricula of Kinds	core the with Familiarity method	٢	٩
Building calendar	and Discussion questioning	evaluation Curriculum	of concept the Identify its evaluation curriculum standards objectives steps and methods	٢	١٠
Building calendar	and Discussion questioning	Curriculum development	of Understanding development curriculum drivers its and	٢	١١
Building calendar	and Discussion questioning	Curriculum development	the Understanding curriculum of principles basic and development its for models development	٢	١٢
Building calendar	and Discussion questioning	book school	the Understanding textbook the of concept importance its and	٢	١٣
Building calendar	and Discussion questioning	book school	the with acquainted Get the And textbook paper electronic	٢	١٤
questions essay .test month second The				٢	١٥

	Infrastructure •	
	nothing	textbooks required The1–
	Muhammad Jassim Awad ,analysis book and Curriculum ٢٠٠٩ ,Tamimi-Al ، Tamimi-Al Muhammad Jassim Awad , textbook The ١٩٨٠	(sources) references main2

Jassim dAwa , Analysis Book and Curriculum ٢٠٠٩ , Tamimi-Al Muhammad , Tamimi-Al Muhammad Jassim Awad , textbook The ١٩٨٠	by recommended references and Books (...., reports ,journals scientific
websites on hosting and lectures Quality	...websites ,references Electronic -B

plan development Course •
of importance the , curricula modern of theories .development curriculum of stages the includes course The for curricula of models , curricula develop to institutions educational for need the , curricula developing .countries developed some

form description Course

description Course

course the of characteristics important most the of summary necessary a provides description course This

most the made has he whether demonstrating ,achieve to student the of expected outcomes learning the and

, .description ramprog the to linked be must It .available learning opportunities the of

Education Basic of Faculty	institution Educational •
Sports and Education Physical of Department / materials Educational Sciences	center / department scientific •
Coll 4215 / administration Educational	code / name •
mandatory Is	available forms Attendance •
year fourth/ Seventh classroom the	year / season •
٣٠	total) hours study of Number • (
2021 / ١٠ / 1	was description this date The • prepared
concepts following the with familiar be should student The: objectives Course •	
.administration school ,administration educational ,development its and Administration Concept1.	
.theories management important most the Identify2.	
.functions management important most the Identify3.	
.theories important most the and development its ,leadership of concept The4.	
.supervision educational of methods and supervision educational about Learn5.	
.(evaluation 'pupils ,evaluation s'teacher ,evaluation s'principal) supervision educational in Evaluation6-	
assessment and learning ,teaching of methods and Outcomes Course •	

goals Cognitive - A 1 A The student should know the concept of administrative education and school administration. 2 A The student should know the most important management theories and their functions and patterns. 3 A The student should know the concept of leadership and its most important theories. 4 A That the student knows educational supervision and its development and the most important educational supervisory methods. 5 A The student should know the educational evaluation and its importance (principal, teacher, students).	Marathi objectives of the course. Students should have skills in the following concepts - B 1 B Educational Administration . 2 B Educational Leadership . 3 B Educational Supervision . 4 B Educational Calendar .
Education modalities and learning	
At the beginning of the semester, students are informed of the course and vocabulary. The sources of information (relevant books, university theses, periodicals) are given. The evaluation methods and the distribution of the weeks of the semester will be followed as follows : 1. Preparing the lectures according to the sequence mentioned in the course, using the aforementioned sources of information.	

Inform the students about the topic of the next lecture with the intention of preparing. Requesting students to submit one or more papers related to subjects under study.
modalities Evaluation
1. Conducting two semester exams the first after the end of the fifth week of the semester. and the second after the eleventh week of the semester. In each exam the mental levels) are taken into account as the evaluation score is (remembering , application , exploration) • %40 of the total achievement that provided the student's perseverance is taken into account. And the size of his daily participation. • %60 of achievement according to the Ministry's timings. When setting questions the inclusiveness of the course and mental levels) is taken into account when setting questions (remembering , application , exploration)
C - Emotional- and value goals : The student should be able to A - Defining the most important skills of a successful educational leader . C - Defining the most important skills of a successful manager . C - Defining the type of successful educational leadership and management . C - Distinguish the best means of evaluation in educational supervision .
learning and teaching of Methods
The direct teaching method is usually used where skills are taught explicitly and directly supported by examples for administration of the basic stages of education

modalities Evaluation
. semester the of end the at and during place take that evaluations course in implicit is It
and employability to related skills other) Transferable rehabilitative and General skills - d). development personal management important most the students teaching in skills acquired the Applying - ١ D . skills and negatives their presenting and management for models or examples Choosing - ٢ D . positives . skills evaluation acquire students which to extent the Evaluate - ٣ D students by acquired skills important most the identify to tests special Building - ٤ D . course the through

structure Course •					
Evaluation method	education method	topic / name Unit	learning required outcomes	hours	week the
structural calendar	Discussion and questioning	Concept Administration educational administration administration school examples with	Concept Administration educational administration administration school examples with	٢	١
structural calendar	Discussion and	educational administration	theories management pedagogical		٢

	questioning	theories			
structural calendar	Discussion and questioning	educational jobs management	educational jobs management		٣
structural calendar	Discussion and questioning	educational styles management	educational styles management		٤
structural calendar	Discussion and questioning	concept Leadership development	concept Leadership development		٥
structural calendar	-	test Monthly	test Monthly		٦
structural calendar	Discussion and questioning	important most The leadership of theories	important most The leadership of theories		٧
structural calendar	Discussion and questioning	of models Some behavior leadership types concept its	of models Some behavior leadership types concept its		٨
structural calendar	Discussion and questioning	Educational its and supervision development	Educational its and supervision development		٩
structural calendar	Discussion and questioning	educational of Types and supervision of methods educational supervision	educational of Types and supervision of methods educational supervision		١٠
structural calendar	-	test Monthly	test Monthly		١١
structural calendar	Discussion and	in Evaluation educational	in Evaluation educational		١٢

	questioning	supervision	supervision		
structural calendar	Discussion and questioning	the of Evaluation and teacher ,principal pupils	the of Evaluation and teacher ,principal pupils		١٣
			review Final		١٤
structural calendar	Discussion and questioning	test final The	test final The		١٥

Infrastructure •	
Nothing	textbooks required The1-
and theories ,concept administration Educational• methods -Al Abdullah Najat .d Mustafa Hamid Abdel Salah ..Dr Nabah	(sources) references main2
course the to related resources and periodicals from Benefit	references and books Recommended (...., reports ,journals scientific)
-well as network information international the from Benefit sources known	...websites ,references Electronic -B

plan development Course •
. society in place takes that development and change the to according developed is course The1. curricula of development the in appear that requirements the with accordance in developed is course The .٢ . system international the in

form description Course

This course provides a necessary summary of the most important characteristics of the course and the learning outcomes expected of the student to achieve whether he has made the most of the available learning opportunities. It is linked to the program description.

Education Basic of College / University Diyala	institution Educational ١.
Sciences Sports and Education Physical of Department	center / department Scientific ٢.
swimmingSpor 4338	code/name Course ٣.
mandatory Is	available forms Attendance ٤.
fourth/Seventh	year/season ٥.
٣٠	(total) hours Study ٦.
2021 /١٠/١	was description this date The prepared ٧.
objectives Course ٨.	
methods rescue and activities water of performance motor the with acquainted get To -١	
life of way a but sport a just not is it as swimming of importance the recognize students That -٢	
swimming teaching of principles Basic - ٣	
flow relative and flood the of Knowledge - ٤	
swimming full perform to ability The - ٥	

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assessment and learning ,teaching of methods and outcomes Course .1•
goals cognitive The -A based is process learning and teaching the which upon principles the remember To -1A perform and implement ,plan to how understand To -2 A ground the on understands he what apply To -3A float to ability the have must It -4A swimming of principles basic the Know - 5A swimming full perform to ability the have To -6 A
. course the of objectives skill The -b swimming teach to how know To - 1 - B swimming of principles basic the of aware be To - 2 B flow forward and breathing of technique the master To - 3B fully swim to ability the - 4B swimming of types all for positions body and performance technical the Learn - 5 B
learning and teaching of Methods
method Exploration -1 questioning and discussion of method -2 places and centers learning of Method -3 mastery for learn to How -4 method learning cooperative -5 method activity static -6 method learning cooperative -7

modalities Evaluation
tests Practical ١ exams Theoretical -٢ swimming with dealt that studies the review and reports and research out carry to students Assigning -٢
goals value and Emotional -C and professional the on faces he problems the overcome to ability the have should He -١ A level social rather but imitation on rely not does that personality balanced flexible a have should He -٢ A innovation and creativity for searcher a be offends that everything avoid to and integrity physical their maintain to how students Teaching -٢ A them .citizenship good of spirit the Developing - ٤ C
learning and teaching of Methods
method Exploration -١ questioning and discussion of method -٢ places and centers learning of Method -٢ mastery for learn to How -٤ method learning cooperative -٥ method activity static -٦ method learning cooperative -٧
modalities Evaluation
tests Practical ١ exams Theoretical -٢ swimming with dealt that studies the review and reports and research out carry to students Assigning -٢
personal and employability to related skills other) skills qualifying and general Transferred - D .(development innovation and creativity towards tendencies positive Building -١D

surrender-non and ,determination ,challenge is spirit whose generation a Building - ४D

cooperation of spirit and confidence-Self - ४D

performance motor develop and evaluate ,analyze to Ability - ४D

sports and education physical acquire education basic in students which to extent the Evaluating - ७D
skills science

structure Course .١١					
Evaluation method	method education	topic/name Unit	learning required outcomes	hours	week the
Diagnostic calendar	Exploration method	swimming starvation	between Distinguish swimming of types pools	٢	١
Diagnostic calendar	of method and discussion questioning	the of Examples important most activities water	the know To of importance swimming	٢	٢
Diagnostic calendar	of Method centers learning places and	mechanics Fluid	fluids how Know work	٢	٣
Diagnostic calendar	for learn to How mastery	Buoyancy mechanics	how know To occurs buoyancy	٢	٤
Diagnostic calendar	cooperative method learning	sense Water exercises	teach we do How ?swimming	٢	٥
Diagnostic calendar	activity static method	Freestyle swimming simulators	motor the Know of performance swimming freestyle	٢	٦
		Butterfly simulated exercises	motor the Know of performance swimming butterfly	٢	٧
Diagnostic calendar	cooperative method learning	Breaststroke simulation exercises	motor the Know of performance breaststroke swimming	٢	٨
Building calendar	cooperative method learning	Backstroke simulation exercises	motor the Know of performance backstroke	٢	٩
Building calendar	cooperative method learning	Simulation exercises	start to how Know swim to turn and	٢	١٠
Building calendar	cooperative method learning	simulation exercises	methods rescue	٢	١١
Building calendar	cooperative method learning	simulation exercises	Pulmonary resuscitation	٢	١٢

Building calendar	cooperative method learning	in A and Q law swimming	law swimming	٢	١٣
Building calendar	cooperative method learning	tests Field	audit	٢	١٤
Building calendar	cooperative method learning	+ Theoretical test practical	calendar final	٢	١٥

Infrastructure . ١٢	
	textbooks required The -١
-library college- college the of website official The journals Scientific Internet The -	(sources) references main ٢
material study the to related publications Recent Rushd Ibn Sciences Human of Journal - Journal Fath-Al - learning and teaching to related treatises and Letters topics	) references and books Recommended (.... reports journals scientific
- Education Basic of College the of website official The - University Diyala YouTube -	...websites references Electronic -B

plan development Course . ١٣
that for workshops holding and swimming of vocabulary the of application practical the on Emphasis learning of focus the learner the making on based learning and teaching in strategies modern Adopting

form description Course

This course description provides a summary of the most important characteristics of the course and whether it has the expected learning outcomes for the student to achieve demonstrating whether the course has the most available learning opportunities. It is linked to the program description.

Education Basic of College / University Diyala	1. Educational institution
sports and education physical / department Scientific sciences	2. Scientific department / center
Spor 4339 / (Decimal) Sphere and Square	3. Course name/code
mandatory Is	4. Attendance forms available
fourth the / seventh The	5. year/season
hours 30	6. Study hours (total)
20 1 2/10/1	7. The date this description is prepared
8. Course objectives: At the end of the academic year, the student should be able to:	
1- That the students know the decimal games for men and the heptathlon for women and their sequence of execution	
2- To familiarize the students with the activities of jumping and its technical stages	
3- To get acquainted with the activities of running and its technical stages	
4- To get acquainted with the activities of archery and their technical stages	
5- To know the management and arbitration of each event	
6- Practical application of activities	

assessment and learning ,teaching of methods and outcomes Course .1*
goals Cognitive -A 1A To get acquainted with the decathlon games for men and the heptathlon for women and the sequence of their execution 2A To get acquainted with the activities of jumping and vaulting and their technical stages 3 A To understand the running events and their technical stages 4A To be familiar with the archery activities and their technical stages 5A To apply what he learned in practice to the activities above 6A The ability to manage and referee the events mentioned-above
B - The soft skills objectives of the course. 1B The importance of knowing the activities of jumping and their technical stages 2B The importance of learning about running activities and their technical stages 3 B The importance of learning about archery activities and their technical stages 4B The possibility of managing and arbitrating all the mentioned events
learning and teaching of Methods
1 The method of discussion and questioning 2 cooperative learning method 3 mastery for learning of Method 4- View the form
modalities Evaluation
1 Practical tests in performance and arbitration

tests achievement ۲ the with dealt that studies review to and reports and research out carry to students Assigning -۳ track and arena
goals value and Emotional -C .leadership of spirit the possess To -۱ C performance during students among cooperation of spirit a Developing - ۲ C personality influential an have should He -۳ A .morale and confidence-self instilling and aspects psychological Developing ...- ۴ C specialization educational and academic of field the in concepts basic of Acquisition - ۵ C
learning and teaching of Methods
questioning and discussion of method The -۱ method learning cooperative ۲ mastery for learning of Method ۳ form the View -۴
modalities Evaluation
arbitration and performance in tests Practical ۱ tests achievement ۲ the with dealt that studies review to and reports and research out carry to students Assigning -۳ track and arena
personal and employability to related skills other) skills qualifying and general Transferred - D .(development innovation and creativity towards tendencies positive Building - - ۱D .sports for skills physical - ۲D

surrender-non and .determination .challenge is spirit whose generation a Building - ٢D performance motor develop and evaluate .analyze to ability of Skills - ٤D and education physical acquire education basic in students which to extent the Evaluating - ٥D killss science sports

structure Course .١١					
Evaluation method	method education	topic/name Unit	learning required outcomes	hours	the week
Personal calendar	of method The the is presentation of method and discussion questioning	men for Decathlon for heptathlon and women	between Distinguishing and decathlon .games heptathlon and sequence their are they how judged and conducted	٢	١
Diagnostic calendar	of method The the displaying the is model of method for learning mastery	jump high skillful) and performance (refereeing	high the about Learn decathlon the in jump games heptathlon and (women and men)	٢	٢
Diagnostic calendar	of method The and discussion the .questioning of method for learning mastery	jump Broad skillful) and performance (refereeing	broad the about Learn decathlon the in jump games heptathlon and	٢	٣
Diagnostic calendar	of method The and discussion the .questioning of method for learning mastery	vault pole skillful) and performance (refereeing	pole the about Learn s'men the in vault only decathlon	٢	٤
Building calendar	for learn to How mastery Proficiency	exercises Intensive jumping develop to jumping and	for exercises Perform of development the jumping and jumping	٢	٥

	learning				
structural calendar		+ test Achievement practical	calendar	۲	۶
Diagnostic calendar	model The presentation the and method learning mastery method	the in Running and decathlon heptathlon	running about Learn (m۴۰۰ (m۱۰۰) events (steeplechase m۱۱۰ men (m۱۵۰۰ (steeplechase m۱۰۰) women (m۸۰۰ (m۴۰۰	۲	۷
Building calendar	for learn to How mastery Proficiency learning	exercises Intensive develop to and sprinting passing hurdle	the Performing the in steps running the and way correct the pass to ability smoothly obstacle	۲	۸
Building calendar	for learn to How mastery Proficiency learning	exercises Intensive develop to sprinting	steps running Perform correctly	۲	۹
structural calendar		+ test Achievement practical	calendar	۲	۱۰
Diagnostic calendar	Model presentation and method cooperative method learning	technical of Stages to performance weight the throw arbitration and	weight) about Learn the in (throwing and decathlon men (games heptathlon women and	۲	۱۱
Diagnostic calendar	cooperative method learning Proficiency learning	technical of Stages of performance throwing javelin arbitration and	javelin) about Learn the in (throwing and decathlon men (games heptathlon women and	۲	۱۲
Building calendar	for learn to How mastery	Technical stages performance throwing discus of	of Recognition the in (discussion)	۲	۱۳

	nicalTech learning	arbitration and	only men ،decathlon		
Building calendar	for learn to How mastery	a Perform comprehensive all of review activities	audit	٢	١٤
closing calendar		+ test Achievement practical	calendar final	٢	١٥

Infrastructure .١٢	
nothing	textbooks required The -١
،athletics of foundations practical and Theoretical ٢٠١٢ Ibrahim Khawla and Karim Abdel Sareh Qutiba practice and theory between Athletics ٢٠١٢ Mounir Yasser and Ahmed by translated ،Law Competition International ٢٠١٣ ،Jalil Aseel and Faeq Haider	٢ main references (sources)
the to related resources and periodicals from Benefit course material study the to related publications Recent	by recommended references and Books (.... ،reports ،journals scientific
as network information international the from Benefit sources known-well	websites ،references Electronic -B

plan development Course .١٣
and arena of development the in appear that requirements the to according developed is course The - ١ stages education basic the in games track of development the in appear that requirements the with accordance in developed is course The .٢ Championships World and Olympic the in games track and arena

form description Course

This course provides a necessary summary of the most important characteristics of the course. The student is expected to achieve whether he has made the most of the learning opportunities available of the program description.

Education Basic of Faculty	institution Educational .٩
Sciences Sport and Education Physical of Department	center / department Scientific. ١٠
Spor 4340 education physical teaching of Methods	code/name Course. ١١
mandatory Is	available forms Attendance. ١٢
fourth / seventh	year/season. ١٣
hours ٦٠	(total) hours Study. ١٤
20 ٢١ / ١٠ / ١	was description this date The . ١٥ prepared
objectives Course . ١٦	
. ١ To familiarize the student with the field of knowledge and its levels	
. ١ To know the general teaching methods	
٢ That students recognize the importance of teaching methods as the means to transform learning and teaching of goal the is which behavior modify to means into sciences theoretical	
. ٣ To introduce the students to the basic elements of physical education	
. ٤ To be able to write the physical exercise (writing + exercise the teaching writing for exercise the teaching writing + exercise the writing) (continuously and numerical silver	
. ٥ To be able to write a physical education lesson plan	
. ٦ To be able to deliver the injunction according to its conditions and parts	
. ٧ To perform the mathematical skills he is studying	
. ٨ To lead the physical education lesson	
. ٩ To be able to evaluate the physical education lesson	

assessment and learning teaching of methods and outcomes Course . ١٤

goals cognitive The -A levels its and knowledge of field the with acquainted is student the That -١A personal his and education physical of teacher the of characteristics the mention To - ٢ A characteristics conditions and parts its distinguish and injunction the know To - ٣ A for exercise the teaching writing + exercise the writing) exercise physical the write to able be to - ٤ A (continuous and numerical silver plan lesson education physical a write to able be To - ٥ A
. course the of objectives skill The -b parts and conditions its to according injunction the deliver to able be should He - ١B studying is he skills mathematical the demonstrate To - lesson education physical the lead To - ٢B lesson education physical the evaluate to able be To -٤B
learning and teaching of Methods
and explanation ,interrogation ,inductive ,collaborative ,imperative ,lecture / methods General presentation modalities mixed and partial ,total / Private
modalities Evaluation
homework + tests Achievement tests Skill
goals value and Emotional -C personality influential an have should He -١ spirit leadership the possess To -٢ C manage to ability the have To -٣ C

presence strong a have To -٤
learning and teaching of Methods
and explanation ,interrogation ,inductive ,collaborative ,imperative ,lecture / methods General presentation modalities mixed and partial ,total / Private
modalities Evaluation
tests skill Psychological
personal and employability to related skills other) skills qualifying and general Transferred - D (development sports to related skills Physical - ١D education physical of teacher the for skills psychological Special - ٢D skills administrative and leadership personal - ٣D skills rhetorical and Linguistic - ٤D

structure Course .١٥					
Evaluation method	education method	topic/name Unit	learning required outcomes	hours	week the
Achievement test	lecture interrogation inductive	of teacher a for elements Basic education physical professional - Personality health - experience - preparation education physical a of Duties teacher school At community the In successful a for notes Important teacher education physical	Physical education teacher	٤	١
Achievement test	lecture	management learning Classroom	Classroom learning management	٤	٢
Achievement test	lecture	exercises physical for Conditions exercises physical in Idioms	for Conditions physical exercises	٤	٣
Achievement test	lecture Presentation and explanation	physical writing of Fundamentals exercises instructing	of Fundamentals physical writing exercises instructing	٤	٤
Achievement test	lecture Presentation and explanation	physical writing of Fundamentals exercises instructing	of Fundamentals physical writing exercises instructing	٤	٥
Achievement test	Lecture presentation and explanation	section Preparatory department main The section Concluding	the of Contents physical lesson education	٤	٦
structural calendar		questions test practical + Objective	calendar	٤	٧

ar					
Achievement test	Lecture presentation and explanation	section Preparatory department main The section Concluding	the of Contents physical lesson education	£	٨
Achievement test	Lecture presentation and explanation	education physical a Planning lesson Lesson the of objectives main The education physical of	a Planning physical lesson education	£	٩
Achievement test	Lecture presentation and explanation	for plan lesson education Physical) third-first grades	Physical lesson education plan	£	١٠
Achievement test	Lecture presentation and explanation	for plan lesson education Physical (sixth-fourth) grades	Physical lesson education plan	£	١١
Achievement test	Lecture presentation and explanation	education physical a for Preparing lesson a organizing of importance The lesson education physical	Physical lesson education plan	£	١٢
Achievement test	lecture interrogation inductive	games small choose to Ways games small of Kinds	games Small	£	١٣
Achievement test	Interrogation lecture inductive	education physical in Calendar physical the of Evaluation * lesson education of performance the of Evaluation* teacher education physical the	in Calendar physical education	£	١٤
closing calendar		questions test practical + Objective	calendar		١٥

physical teaching of Methods :Samarrai-Al Ahmed Abbas ١٩٨٧ ,parts two in education ،strategies and methods Teaching :Hila-Al Mahmoud Muhammad ٢٠١٢ and Methods :Hameed Salih Saad and Rubaie-Al Daoud Mahmoud ٢٠١١ .education physical teaching of methods	textbooks required The -١
physical teaching of methods the in models and strategies ffectiveE Kateb-Al Afaf / education and theory between education physical teaching of Methods practice	(sources) references main ٢
Haila-Al Mahmoud Mohamed / strategies and methods Teaching Mahdi Mohamed / games Small Diwan-Al Hassan Lamia / education physical teaching of Principles	and books Recommended (journals scientific) references (.... ,reports
topics course to related websites educational from Benefit	،references Electronic -B ...websites

plan development Course .١٧
methods of development the in appear that requirements the with accordance in developed is course The .١ stages education basic the in education physical teaching of methods of lopmentdeve the in appear that requirements the with accordance in developed is course The .٢ system international the in education physical teaching of

form description Course

description Course

This course provides a necessary summary of the most important characteristics of the course. The student is expected to demonstrate whether he has achieved the learning outcomes and the available learning opportunities. It must be linked to the program description.

Education Basic of College / University Diyala	institution Educational. ١٧
Sciences Sports and Education Physical of Department	center / department Scientific. ١٨
Spor 4341 Psychology Sport	code/name Course. ١٩
mandatory Is	available forms Attendance. ٢٠
fourth/Seventh	year/season. ٢١
hours ٣٠	(total) hours Study. ٢٢
٢٠٢١/١٠/١	was description this date The . ٢٣ prepared
to able be should student the .semester the of end the At : Objectives Course . ٢٤	
١- Students knowledge of sports psychology terms of its origin ,concept and importance tasks	
٢- Students knowledge of the philosophy and goals of sports psychology schools	
٣- Knowledge of the psychological bases of mathematical selection	
٤- Know the motivation of sports and how to develop it.	
٥- Determine the psychological problems associated with sports performance and how to treat and mitigate them.	
٦- Knowledge of psychological emotions associated with sports activity	
٧- Studying the psychology of children and the importance of playing in the development of psychological traits avoiding negative and growth	
٨- Knowing the behavioral problems facing the child and how to solve them	

١٨ Course outcomes and methods of teaching ,learning and assessment

goals cognitive The -A of tasks and fields .importance .history the of understanding and knowledge acquire Students -١A .psychology sports the of objectives and philosophy the of understanding and knowledge acquire Students -٢A psychology sports of schools of foundations psychological the To understanding and knowledge quireac Students -٣A selection mathematical athletes and students for motivation achievement develop to how understand To -٤A with ssociateda emotions psychological the of understanding and knowledge acquire Students -٥A activity sports of development the in playing of importance the and children of psychology the Studying - ٦A traits psychological negative avoiding and growth ground the on understands he what apply To - ٧ A .problems psychological s'athlete the of causes the about information Collects - ٨ A	.subject the of objectives skill The -b .psychology sports of tasks and fields .importance .history the of Knowledge - ١B psychology sports of schools of objectives and philosophy the of Knowledge -٢B .sciences other and psychology mathematical between relationship the Compare - ٣B selection mathematical of bases psychological the of Knowledge - ٤B to ways and motivation achievement explaining theory and types .concept the of Knowledge - ٥B it develop anxiety and fear as such .activity sports with associated emotions psychological the Studying - ٦B adolescents and children facing problems social the Studying - ٧ B
learning and teaching of Methods	

lecture and presentation of Methods -1 discussion and questioning of Method -2
modalities Evaluation
.questions specific with tests Daily - .participation class for grades Establishing - psychology sports on reports and research complete to students Assign - .articles and questions objective with tests Monthly -
goals value and Emotional -C psychology sports of basics the analyzes and Explains -1 C prophets the of profession the is it as ,work sacred a is teaching that know To -2 A sect or color ,race from far is who person single a of view the generalize To -3 A
learning and teaching of Methods
lecture and presentation of Methods -1 discussion and questioning of Method -2
modalities Evaluation
.questions specific with tests Daily - .participation class for grades Establishing - psychology sports on reports and research complete to students Assign - articles and questions objective with tests Monthly
personal and employability to related skills other) skills qualifying and general Transferred - D .(development colleagues between communication veeffecti of skills the master to student the Enabling -1D .instructor course the and innovation and creativity towards tendencies positive Building -2D .sports to related skills Physical - 3 D surrender-non and ,persistence ,challenge is spirit whose generation a Building - 4D

performance motor develop and evaluate analyze to Ability - 9D

and education physical acquire education basic in students which **to extent the Evaluating - 1D**
skills science

structure Course .11					
Evaluation method	education method	topic/name Unit	learning required outcomes	hours	the week
Building calendar	of Methods presentation lecture and	sports to introduction An history its and psychology its and world the or Iraq in importance	sports about Learn psychology	٢	١
Building calendar	of Methods presentation lecture discussion and interrogation	sports of tasks and Areas psychology	sports about Learn psychology	٢	٢
Building calendar	Discussion and questioning	that schools the of study A mathematical the studied bug	Sport of Schools Psychology	٢	٣
Building calendar	Discussion and questioning	foundations Psychological selection mathematical of	about Learn mathematical selection	٢	٤
Building calendar	Discussion and questioning	sports of concept The motivation achievement forces motivational of types and individual the within and types their classifications	the Identify for motivation achievement athletic	٢	٥
Building calendar	Discussion and questioning	Needs) theories Motivation instincts (theory hierarchy - theory activation (theory learning social and arousal (theory	the Identify for motivation achievement athletic	٢	٦
Building calendar	Discussion and questioning	with associated Motives activity sports motivation Achievement	motives the Identify sports with associated activity	٢	٧

		characteristics) of stages characteristics factors and achievement (it affecting	Achievement motivation		
Building calendar		test essay + Objective	calendar	۲	۸
Building calendar	Discussion and questioning	the) anxiety and Fear its and fear of meaning concept its) Anxiety (forms (anxiety of levels - types -	Recognition Psychological associated emotions activity sports with	۲	۹
Building calendar	Discussion and questioning	anxiety - anxiety of Effects - field sports the in anxiety measuring	Recognition Psychological associated emotions activity sports with	۲	۱۰
Building calendar	Discussion and questioning	and efficacy-self ,Courage overcome and face to how emotions psychological	courage about Learn efficacy-self and	۲	۱۱
Building calendar	Discussion and questioning	and concept its) Play (children for importance and school at abilities Child them develop to how learning of importance The development child in	about Learn psychology s'children	۲	۱۲
Building calendar	Discussion and questioning	growth affecting factors the of Manifestations development psychological children of behavior social s'Children	about Learn psychology s'children	۲	۱۳
Building calendar	Discussion and questioning	facing problems Behavioral child the Psychological -	about Learn psychology s'children	۲	۱۴

		and boys of characteristics adolescents			
Closing calendar	Discussion and questioning	test essay + Objective	calendar	٢	١٥

Infrastructure .١٩	
nothing	textbooks required The -١
٢٠١١ .Syria ,Psychology Sports / Hamed Suleiman Hamed Sports ,Muhammad Majid and Abdullah Saleh ٢٠١١ ,Jordan ,Psychology journals Scientific internet the	(sources) references main ٢
and reports / psychology sports of field the in Books research psychology sports in topics Related treatises and Letters	) references and books Recommended (.... ,reports ,journals scientific
sites foreign and Arab	...websites ,references Electronic -B

plan development Course .٢٠
universities and colleges by proposed is what and body sectoral the by issued decisions the on Depending for workshops holding and methods teaching of vocabulary the of application practical the on Emphasis that learning of focus the learner the making on based earningl and teaching in strategies modern Adopting

form description Course

This course provides a necessary summary of the most important characteristics of the course. The student is expected to achieve whether he has made the most of the learning opportunities available of the program. It is linked to the description of the program.

Education Basic of College / University Diyala	٢٥ . institution Educational
and Education Physical of Department / Department Scientific Sciences Sports	٢٦ . center / department Scientific
Training Sports Spor 4342	٢٧ . code/name Course
mandatory Is	٢٨ . available forms Attendance
fourth/Seventh	٢٩ . year/season
hours ٣٠	٣٠ . (total) hours Study
20 ٢١/١٠/١١	٣١ . The date this description was prepared
٣٢ . Course objectives: At the end of the academic year the student should be able to:	
-١ Understand and internalize the philosophy and goals of sports training	
-٢ Knowledge of the theoretical framework of sports training	
-٣ Know the roles of the trainer in the training process	
-٤ Identify the relationship between sports training and other sciences	
-٥ Recognizing the importance of basic information for sports training	
-٦ The student or player knows the types and methods of sports training	
-٧ Identify some of the problems that the trainer faces during training	

٢١ . Course outcomes and methods of teaching and learning assessment

goals Cognitive -A training sports of concept the understand students That - ١A training athletic of foundations General students the understand To - ٢ A training sports of theories explains student The - ٣ A training sports of types and methods the lists student The - ٤ A . training during faces trainer the that problems the of examples given is student The - ٥ A sessions and units load training Planning students the understand To - ٦A
.course the of objectives skills soft The - B beginners of training the and levels senior of training the between Comparison - ١B training sports of topic any on research or paper a writing Apply -٢ B training sports in encountered problems the about information Collect - ٣B types and methods training between distinguish To - ٤B courses and units load training of planning the understand To - ٥B
learning and teaching of Methods
questioning and discussion of method -١
modalities Evaluation
questions specific with tests Daily ١ .participation class and homework for grades Setting -٢ address to ways and problems training sports on reports and research complete to students Assign -٣ .them .essays and questions objective with exams Monthly -٤

goals value and Emotional -C solutions quick require that problems to importance Gives - ١ A activities training sports Performing - ٢ C activities sports evaluates - ٣ C
learning and teaching of Methods
questioning and discussion of method -١
modalities Evaluation
conclusions draw and analyze think to ability s'student the measure to exam Analytical sciences other and training sports of theories between comparisons Requesting training during face trainers that problems the on research Writing .questions deductive and intellectual asking by exams Daily
personal and employability to related skills other) skills qualifying and general Transferred - D .(development .terminology and references using of skills the - ١D .topic the on data analyzing and collecting in Skills -٢D .capabilities available the exploiting of skills the - ٣D .topic the on comparisons making of skills The -٤D .subject the on concepts special preparing of Skills ٥D

structure Course .٢٢					
Evaluation method	education method	topic/name Unit	learning required outcomes	hours	week the
Diagnostic calendar	and Discussion questioning	training continuous method method training Iterative	training about Learn methods	٢	١
Diagnostic calendar	and Discussion questioning	method training Interval .numbers Skill	training about Learn methods	٢	٢
Diagnostic calendar	and Discussion questioning	skill of concept The its and preparation .importance numbers skill of Stages	skill about Learn preparation	٢	٣
Building calendar	and Discussion questioning	skill of concept The its and preparation .importance numbers skill of Stages	skill about Learn preparation	٢	٤
Building calendar	and Discussion questioning	:numbers Plan of concept The and numbers schematic importance its	the know to Get setup schematic	٢	٥
questions objective test month First				٢	٦
Building calendar	and Discussion questioning	.plans of Types schematic of Stages numbers	the know to Get setup schematic	٢	٧
Building calendar	and Discussion questioning	and units Planning .courses load training training) unit Training - speed	the with Familiarity load training of planning courses and units	٢	٨
Diagnostic calendar	and Discussion questioning	directions unit Training	the with Familiarity load training of planning	٢	٩

		.unit training of Types course training Minor weekly)	courses and units		
Building calendar	and Discussion questioning	training Intermediate course Course Grand The	the with Familiarity load training of planning courses and units	۲	۱۰
Diagnostic calendar	and Discussion questioning	training Planning periods the of Components season training	of planning the Know periods training	۲	۱۱
Building calendar	and Discussion questioning	.period Number general of Period * .numbers numerology Special * period	of planning the Know periods training	۲	۱۲
Building calendar	and Discussion questioning	.period Competition . period Transitional - for planning Strategic training	of planning the Know periods training for planning Strategic training	۲	۱۳
Building calendar	and Discussion questioning	of importance The .planning sports of rules Basic .planning mathematical for planning of Types .training sports	for planning Strategic training	۲	۱۴

evaluation final ,questions objective ,test month second The	٢	١٥
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Infrastructure .٢٣	
nothing	textbooks required The -١
foundations The :book Bastawisi Ahmed Bastawisi -١ Arabi-Al Fikr-Al Dar ,training sports of theories and AD ١٩٩٩ Cairo and training Mathematical :Baseer Abdel Adel -٢ Kitab-Al ,practice and theory between integration ♦ Publishing for Center and Theories ,Training Sports :Khalek-Abdel Essam -٣ AD ١٩٩٢ ,Alexandria ,Maarif-Al Dar ,Applications Sports of Science The :Allawi Hassan Muhammad -٤ AD ١٩٩٤ ,Cairo ,Maarif-Al Dar ,Training	(sources) references main ٢
and reports / psychology sports of field the in Books research psychology sports in topics Related treatises and Letters	) references and books Recommended (.... ,reports ,journals scientific
sites foreign and Arab	...websites ,references Electronic -B

plan development Course .٢٤
.(training sports) preparation skill ,types their and units training include should course The

